

OTTAWA

metro®

NEWS
WORTH
SHARING.



AB PHAB?

THE 'PHABLET', A PHONE-TABLET HYBRID FOR THOSE WHO WANT TO WATCH MORE, TALK LESS, WILL BE ARRIVING NEXT YEAR

PAGE 22

Canada Post's home-post is history

Foot delivery being replaced with community mailboxes in urban areas

PAGE 3

Flibanserin not sexy enough, FDA rules

Federal Drug Agency denies approval of once-a-day female-libido pill, citing side effects such as nausea and fatigue, with only 'modest' effectiveness

PAGE 14

GAGA FREE

LIVE 88.5fm



COPS 'N' KIDS DAY

Officer Admir Minarolli smiles as W.E. Gowling Public School student Yusuf Saidmussa holds up a video game. The pair were among 25 teams of cops partnered with deserving kids for a \$200 pre-Christmas shopping spree at the Carlingwood Mall. For more see page 10. DENIS ARMSTRONG/FOR METRO

Investify: Local e-commerce firm gets \$100 million

Shopify. Capital investment comes from group led by OMERS Ventures



JOE LOFARO
joe.lofaro@metronews.ca

New Year's Eve is still weeks away, but the folks at Shopify have 100 million reasons to crack open the champagne a little earlier this year.

The Ottawa-based e-commerce company is announcing Thursday it is receiving a whopping \$100 million investment from group of venture capital firms led by OMERS Ventures.

Not bad for a company that received \$22 million in Series A and B funding between 2010 and 2011. Started in 2006, Shopify now has more than 80,000 customers in more

than 120 countries, supplying them with retail platforms for online shopping.

Its forte is on the web, but its long-term vision is to move from an e-commerce company to a commerce company.

"We think the future of retail is actually all about consumer choice and consumers want to be able to buy how they want, when they want," said Harley Finkelstein, Shopify's chief platform officer, Wednesday in an interview.

Pop-up stores, trade shows, and farmers' markets are the types of markets the company has its eyes on in the hopes of introducing merchants to its

mobile and point of sale systems.

In 2014, Finkelstein said he expects to get those types of merchants hooked on those systems and then have them sign up for Shopify's core online platform, rather than vice versa.

"We've been very lucky. We have 80,000 merchants paying us every single month. This (investment) is really strategic money, it's really for growth. It's for this transition."

The company has offices in Toronto and Montreal and employs approximately 300 people at its headquarters on York Street in Ottawa.

Shopify's plans

"As small business takes over retail and steals it back from the big-box stores, we think merchants are going to want to sell everywhere."

Harley Finkelstein, Shopify's chief platform officer



Did you know **72%** of pain sufferers regularly have trouble sleeping?

© Johnson & Johnson 2013

For sleep tips & more visit
sleep-centre.ca



porter
flying refined

Make tracks! Porter's sale ends tomorrow.

Porter Airlines' sale ends tomorrow, so it's time to get moving on the savings. Enjoy sale prices on flights through the spring - it's the perfect time to enjoy Porter comfort, whichever destination you want to visit.



Flights from Ottawa. Book by December 13, 2013. Travel between December 17, 2013 and May 21, 2014. Up to 7-day advance purchase may be required. One-way fares include all taxes, surcharges and mandatory fees. Additional charges may apply for checked baggage and other optional services.* Fares starting from:

HALIFAX 3 x daily \$163	MONCTON Daily \$163	ST. JOHN'S 2 x daily \$231	TORONTO 16 x daily \$123	QUÉBEC CITY \$213	SAULT STE. MARIE \$197	SUDBURY \$190	THUNDER BAY \$203	TIMMINS \$197
WINDSOR \$163	BOSTON \$236	CHICAGO \$268	NEW YORK \$215	VERMONT Service begins Dec. 15 \$206	WASHINGTON Dulles \$215	ALL-IN PRICES		

Book online or contact your travel agent.

flyporter.com

porter
Escapes

Vacation packages from Ottawa. Vacation travel dates vary by package. Limited availability. Package prices are per person, based on double occupancy and include round-trip airfare, all taxes, surcharges and mandatory fees. For full listings and availability, please visit our website.**

★★★★

TORONTO

\$341

Hyatt Regency
Standard Room
Dept. January 5, 6, 7, 9
Nights: 2

★★★★

BOSTON

\$626

Fairmont Copley Plaza
Moderate Room
Dept. January 30, 31,
February 1
Nights: 2

★★★★

WASHINGTON

\$496

Liaison Capitol Hill
Deluxe Room
Dept. January 9, 10, 11
Nights: 2

Fly to and from Washington Dulles.

★★★★

HALIFAX

\$527

Cambridge Suites
Hotel Halifax
Studio
Dept. February 8, 9, 14, 15
Nights: 2

Includes Continental Breakfast daily.

Book packages online, contact your travel agent or call Porter Escapes 1-855-372-1100. TTY – Dial “711”.

porterescapes.com

* Book by 11:59 pm Eastern Time December 13, 2013. Travel between December 17, 2013 and May 21, 2014. Up to 7 day advance purchase may be required. Advertised fares may not be available February 14, 15 and 17, 2014; April 17 through April 21, 2014; and May 16, 17 and 19, 2014. Advertised fares are subject to availability and may not be available through the entire travel period. Full fare breakdown available for all itineraries on flyporter.com. Fares quoted are one-way outbound in Firm Class. Inbound fares may differ. New bookings only. Fares include all applicable government-imposed taxes and mandatory fees, which may amount to as much as \$150 one-way per passenger, depending on routing. Foreign taxes will fluctuate based on the prevailing exchange rate. Fees for optional services, such as itinerary changes, additional baggage, advance seat selection, or certain special service requests, may increase overall cost. Fares are non-refundable but itineraries may be changed for a fee of up to \$200 per person per direction, plus any fare differential. Other significant conditions (including a \$25 first-checked bag and \$35 second-checked bag fee to and from the U.S., a \$20 second-checked bag fee for flights in Canada, and charges for overweight and/or excess baggage) may change without notice and are not guaranteed until ticketed. Visit flyporter.com for more information. In case of any discrepancy between advertised fares and the fares shown on the website at the time of booking, the latter shall prevail.

** All-in prices shown are per person in Canadian dollars, based on double occupancy in noted room category. Flights are round-trip via Porter Airlines. Packages include return airfare, all taxes, surcharges and mandatory fees. Airfare discount is already included in the advertised package price. Prices will vary for alternate flight times on advertised dates. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Transfers to and from airport to hotel are not included unless specified otherwise. New bookings only. Packages are subject to availability at time of booking and are subject to change without notice. Not valid on group bookings. For full terms and conditions refer to www.porterescapes.com. Ontario registration Number 84153 4506. Porter Escapes Inc is a TICO licensed company. TICO # 50019770. Billy Bishop Toronto City Airport, Toronto, ON, Canada M5V 1A1.



Snail mail finally reaches door-to-door extinction

The post-post era?
Crown corp. unable to sustain business model through severe losses

Canada Post is saying goodbye to the door-to-door postman.

The national mail service says rising costs and falling mail volumes have made it impossible to continue its traditional operations.

The federal Crown corporation plans to phase out home delivery within the next five years, replacing foot delivery

with community mail boxes.

Canada Post says about 6,000 to 8,000 positions will be eliminated over the same time period, mainly through attrition.

The postal service expects nearly 15,000 employees to retire or leave the company in the next five years.

About a third of Canadian homes still receive mail to their door, it said.

The company says its business model is unsustainable.

"Canada Post has begun to post significant financial losses," it said in the announcement. **THE CANADIAN PRESS**

Reaction

Was writing on the wall?

Word Canada Post was planning to cut city home mail delivery over the next five years hit the Ottawans we spoke to Wednesday surprisingly hard.

It seems that the older people are, the more attached they are to snail mail

and home delivery, particularly if they find walking hard.

Most of the people we asked didn't know what to do to put Canada Post in the black again, but given the popularity of email and commercial couriers, most agree that for Canada Post, the writing's been on the wall for a long time.

DENIS ARMSTRONG/METRO



A mail carrier delivers mail in Ottawa Wednesday. Canada Post is saying goodbye to the door-to-door postal carrier as it looks for new ways to turn around its money-losing business. **SEAN KILPATRICK/THE CANADIAN PRESS**

Ottawans not pleased



"I don't like it at all. I have to leave the house for so

many things now that it's just one more inconvenience. But they have to do something to make home delivery more affordable. Maybe if they reduced home delivery to once or twice a week." **Katie Childs**



"It's upsetting because I don't know what I'm going to do. Every week for

the last 30 years, I send and receive mail from home in India — cards, letters, photos. That's something I can't do on email, and it won't be the same if I can't get delivery at home." **Shekhar Amlekar**

Tories defend Canada Post move amid criticism

The demise of door-to-door mail delivery in Canada's urban centres loomed large over a dormant Parliament Hill on Wednesday as critics denounced the timing of a bombshell decision that Conservatives defended as a necessary evil.

While opposition leaders criticized the move, Transport

Minister Lisa Raitt said her government supports Canada Post's decision, noting it has had a mandate to operate on a self-sustaining basis since 1981.

Canadians are sending fewer letters and parcels than ever, leaving Canada Post with no choice but to enact some tough financial measures in an effort to combat a steep decline in

revenues, Raitt said.

A typical Canadian household buys only one to two dozen stamps a year, and mail volumes have fallen nearly 25 per cent per household since 2008, she added.

"The government of Canada supports Canada Post in its efforts to fulfil its mandate of operating on a self-sustaining

financial basis in order to protect taxpayers, while modernizing its business ..." Raitt said in a statement.

Denis Lemelin, the national president of the Canadian Union of Postal Workers, said the announcement is a call to all Canadians to stand up and fight for their postal service.

THE CANADIAN PRESS



Canadian Union of Postal Workers national president Denis Lemelin said the move to cut door-to-door mail delivery is the wrong way to revive the service. **THE CANADIAN PRESS**

Come experience
Ottawa's Newest Asian Buffet!

SUSHI • THAI • CHINESE

ECLIPSE

ASIAN CUISINE

Eclipse Asian Cuisine

\$5 OFF

All-You-Can-Eat
Lunch or Dinner Buffet
One Coupon per table

Expires January 12, 2014

1930 Innes Rd.
613-746-2323

613-746-2323 1930 Innes Rd. (at Blair)

10% OFF pick-up orders over \$20 before tax. Delivery available for orders over \$30 before tax.

Residents bracing for Scott Street's stint as temp Transitway

Worried. Residents fear two years of heavy bus traffic will destroy neighborhood



TREVOR GREENWAY
trevor.greenway@metronews.ca

Alexandra Graham doesn't have too much space to walk down her street.

As she pushed a baby stroller down Scott Street, through a thick heap of dirtied snow that had been thrown on the sidewalk by plows, she had to dart into a driveway to let another passerby through.

She worries that once more than 300 buses start taking the road as a detour every day while the city builds its ambitious light-rail transit system, it will be far too dangerous for her or her son to take a stroll.



Alexandra Graham worries about walking down Scott Street when it becomes a transit route in 2016. TREVOR GREENWAY/METRO

"It's really, really narrow; it's very dangerous" Graham told Metro while out for a walk last week. "This is where we

chose to live. We wanted to live in a walkable neighbourhood."

From 2016 to 2018 Scott Street will be a bus-detour route

to replace the Transitway. Local resident Karen Large fears the detour will eventually become permanent and people like her

will be pushed out of the neighbourhood.

She described the detour as a "wall of buses" that will zip

Quoted

"They are going to make it so unlivable that people are going to be forced to leave their homes."

Local resident Karen Large

just feet from people's doorsteps.

"They are going to make it so unlivable that people are going to be forced to leave their homes," said Large, holding up a sign with the words "Help Us." "It will destroy the neighbourhood."

The city does have plans to widen Scott Street to accommodate for the heavy bus traffic when construction for the \$2.1-billion LRT begins in 2016.

Coun. Katherine Hobbs didn't respond to requests for comment by press time.

Bayshore residents to get 'rude awakenings' due to construction

Residents in the Bayshore area should be bracing for "rude awakenings" in the New Year, when dump trucks, cement trucks and other heavy equipment start rolling before the crack of dawn — at 5 a.m.

Ottawa city council approved a "walk-on motion" Wednesday morning allowing construction on the Bayshore Shopping Centre to begin at 5 a.m. as opposed to 7 a.m. as laid out in the city's noise by-law.

The hasty decision, which involved no public input from residents, has the Bayshore Community Association wondering why they weren't made aware of the proposal.

"It would have been nice if the councillor's office approached the Bayshore Community Association in order to get feedback on the community prior to going through with the proposal. That proposal may affect the well-being of residents," said the association's Chairman Zarrar Ahmed.



Coun. Mark Taylor
TREVOR GREENWAY/METRO

"There will be a lot of residents, including seniors in that area, who will have a rude awakening at 5 a.m."

Ahmed added that he thinks a lot of residents would be against the plan.

Councillor Mark Taylor, who put forward the motion, said the new starting times would ease morning traffic for commuters in the area and

said without the noise bylaw exemption, the construction project would be delayed even further.

"It becomes a case of do you want a little more noise earlier in the morning? And how does that balance off against a little less traffic pressure?" he told reporters following the meeting at city hall.

"The benefit is that, by the time we get to 7 a.m. when folks are leaving their homes and trying to head out—take the roads, take the buses—you've got that heavy construction traffic out of the way, sequestered onto the site."

The bylaw exemption comes into effect Jan. 1 and will remain for almost two years until the project is done in 2015.

TREVOR GREENWAY/METRO

On the web

For more local news, go to metronews.ca



Get Real. Not all natural health products are created equally. Insist on **Echinaforce®**

Hot off the press!

Echinaforce is the only product approved by Health Canada for prevention and treatment of colds and flu. The largest study ever conducted on echinacea showed that Echinaforce:

- Can be taken safely for up to 4 months, even for children and elderly people, and offers effective protection against infections
- Supports the immune system; especially in times of stress, lack of sleep and for smokers
- Relieves symptoms and shortens the duration of infection

Echinaforce is made from fresh, organic, GMO free echinacea which is anti-inflammatory, anti-bacterial and has wide-spectrum antiviral properties.

A.Vogel
Pioneer in Natural Health - since 1923

www.avogel.ca

TOMMY & LEFEBVRE

A *SPORTING LIFE* COMPANY

MASSIVE Clearance SNOWBOARD & SKI SALE

Shop early!

EQUIPMENT SIZES
MAY BE LIMITED*

*IN STORE ONLY

SNOWBOARD CLEARANCE

SNOWBOARDS

ALL REMAINING PREVIOUS SEASONS BOARDS
BY BATALEON, DC, FORUM,
ROME, ROSSIGNOL & SALOMON
NOW \$149.99*

ALL REMAINING PRE-2013 SNOWBOARDS
BY BURTON AND RIDE
NOW \$199.99*

BINDINGS

ALL REMAINING PRE-2013
SNOWBOARD BINDINGS
BY BURTON, ROSSIGNOL,
SALOMON AND RIDE
NOW \$49.99*

ALL REMAINING PRE-2013
SNOWBOARD BINDINGS
BY FORUM, ROME AND
BURTON EST
NOW \$99.99*

SNOWBOARD BOOTS

ALL REMAINING PRE-2013
SNOWBOARD BOOTS
Men's & Women's

BY DC, THIRTYTWO, BONFIRE,
BURTON, FORUM, RIDE, ROXY
AND SALOMON

NOW \$99.99*

SKI CLEARANCE

ADULT SKIS

2012 **ROSSIGNOL** RADICAL
8GS CASCADE SKI installed with
Rossignol bindings
NOW \$399.99*

2013 **SALOMON** BBR 8.0 SKIS
installed with Salomon bindings
NOW \$299.99*

2011 **ROSSIGNOL** S4 JIB SKIS
NOW \$199.99*

2012 **ROSSIGNOL** ATTRAXION 6
ECHO WOMEN'S SKIS installed with
Rossignol bindings
NOW \$299.99*

SKI BOOTS

PREVIOUS SEASONS MEN'S
TECNICA PHOENIX 100 BOOTS
NOW \$299.99*

PREVIOUS SEASONS MEN'S **FULL**
TILT TOM WALLISCH PRO MODEL
SKI BOOT
NOW \$299.99*

PREVIOUS SEASONS MEN'S
ROSSIGNOL EXALT X-60
SKI BOOT
NOW \$149.99*

2012 MEN'S **HEAD** RAPTOR 150 RD
(RED) RACE BOOTS
NOW \$199.99*

JUNIOR SKIS

HEAD ORANGE-PLUM JUNIOR SKI
with binding

ROXY SWEETHEART JUNIOR
GIRLS SKI with binding

HEAD NICE ONE JUNIOR GIRLS
SKI with binding

NOW \$99.99*

COMPARE AT \$149.99 - \$199.99!

*No Dealers Please. Final Sale.



464 BANK STREET STORE

Phone: (613) 236-9731 | Toll Free: 1 (888) 888-7547

Hours: Mon - Sat: 9:30 AM - 9:00 PM, Sun: 10:00 AM - 5:00 PM

Shop

TANDL.COM

Sens foundation making team sports more accessible



Sparticat drops the "puck" in a floor-hockey game with kids from the Boys & Girls Club of Ottawa Britannia Club House. DENIS ARMSTRONG/FOR METRO

\$500K. Five-year deal will help 900 kids lace up

A \$500,000 donation from the Ottawa Senators Foundation to the Boys & Girls Club of Ottawa Wednesday means that 900 low-income kids aged 6-18 will now get to play organized, competitive team sports for free.

Spread over five years, the funding will go to the Sens Sports and Leadership League, a no-fee program offered by the Boys & Girls Club that will cover the complete cost of coaching, uniforms, equipment and transportation in four activities: basketball, ball-hockey, soccer and a walking program.

More importantly, the league will emphasize social, leadership and interpersonal skills youngsters will need to succeed in the future.

"The new Sens Sports and Leadership League is our first significant investment in social recreation," said Danielle Rob-

inson, president and CEO of the Ottawa Senators Foundation.

"This investment will provide access for one-in-five youth who do not have the means necessary to participate in after-school programs and activities that help them develop confidence and essential life skills."

The foundation raises \$6 million annually — totalling more than \$75 million since 1994 — for charities with a focus on mental and physical well-being.

"Physical activity, a healthy lifestyle and leadership are key components of the programming at our eight locations across the city," said Colleen Mooney, executive director of the Boys & Girls Club of Ottawa.

"We are very grateful to the Ottawa Senators Foundation for their generous donation. Their commitment to sports and leadership in the community means we can continue to offer these programs to our more than 4,500 members.

DENIS ARMSTRONG/METRO

Ottawa BIAs seek moratorium on hydro-rate hikes

Skyrocketing hydro costs have small and medium sized firms in Ottawa demanding the province put a moratorium on rate increases pending a "proper province-wide analysis" of the impact on business.

Alex Lewis, executive director of the Bells Corners Business Improvement Area, hand-delivered a letter written on behalf of 18 Ottawa BIAs to Ontario Energy Minister Bob Chiarelli's office Wednesday morning. But

Chiarelli wasn't there to get it — he was at Queen's Park.

Chiarelli announced his long-term energy plan last week, which includes a 42 per cent increase in hydro rates over the next five years. Since then, the Liberals have come under heavy fire from opposition leaders and residents for its handling of taxpayers' money.

The letter Lewis delivered is addressed to Premier Kathleen

Wynne. It asks her to reconsider the government's "crippling" hydro increases.

Natalie Esau, owner of The UpKeep Shoppe on Preston Street, supports respecting the environment and tries to use less energy at home and at her store, but she says hiking hydro rates isn't the solution. She said she pays close to \$400 every two months for her 700-square-foot shop. "You end up making decisions like, do I bring in an


extra employee when costs are rising?" she said.

When asked for comment on the letter, Chiarelli said in an email the province has taken steps to mitigate rate increases, including slashing the size of its deal to buy wind-generated electricity from Samsung, lowering the amount it pays for solar power and deferring construction of two new nuclear reactors.

JOE LOFARO/METRO



Alex Lewis visits Min. Bob Chiarelli's office to deliver a letter on behalf of 18 Ottawa BIAs calling for a moratorium on increased hydro rates. JOE LOFARO/METRO




OUR ULTIMATE UNLIMITED PLAN

TRUE UNLIMITED DATA,
CANADA-WIDE TALK,
GLOBAL TEXT & VOICEMAIL+

\$39

/month

OFFER
ENDS SOON



true mobile freedom™

Offer is valid as of December 2nd, 2013 and is available for a limited time or prior notice of termination on WINDmobile.ca. All unlimited plan features are available from anywhere on our network, otherwise roaming rates apply. Available to individual new customers and, under certain conditions, to existing customers. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy and are for personal use by an individual. Conditions apply. Applicable taxes extra. Learn more at WINDmobile.ca. Google, Nexus and Android are trademarks of Google Inc. WIND, WIND MOBILE, WINDtab and true mobile freedom are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp.. © 2013 WIND Mobile

Jingle all the way!



THE
Upper Room
— home furnishings —

STOREWIDE SALE

HUNDREDS OF ITEMS READY FOR PRE-CHRISTMAS DELIVERY

2670 QUEENSVIEW DRIVE | UpperRoomHome.ca

FLASH SALE THIS WEEKEND ONLY!

7pc. Dining Set

Collection may not be exactly
as shown | Ret. \$5779

ONLY \$2899



Ask about

THE
Rewards
—Program—

IKEA

Highway 417



Queensview Dr.

Pinecrest Rd.



Thursday, December 12
Today Only!

19⁹⁹

ALL* MEN'S
DRESS SHIRTS
SEARS Reg. priced
up to \$50



Sears

SEARS GREAT DAY

SATURDAY, DECEMBER 14 IS SEARS GREAT DAY.

Join us in-store for fantastic one-day deals, FREE gift wrapping** all day; treats & entertainment all morning, PLUS, a surprise gift worth up to \$100* for the first 100 families through the mall doors by cosmetics at store opening.

*These savings offers exclude items with prices ending in .97
**Free gift wrapping of same-day purchases Dec. 14 in Sears Department Stores only. Proof of purchase required. Small to medium size items. Hours vary by store. *One gift for the first 100 qualifying adult customers, one per family, at store opening Dec. 14, 2013. Includes 23 surprise gifts worth up to \$40 and 77 Sears gift cards: 1x\$100, 4x\$25, 10x\$10 and 62x\$5. Gifts will be distributed randomly at store opening by Sears Associates. While quantities last. No purchase necessary. Some restrictions apply. Opening hours vary by store.

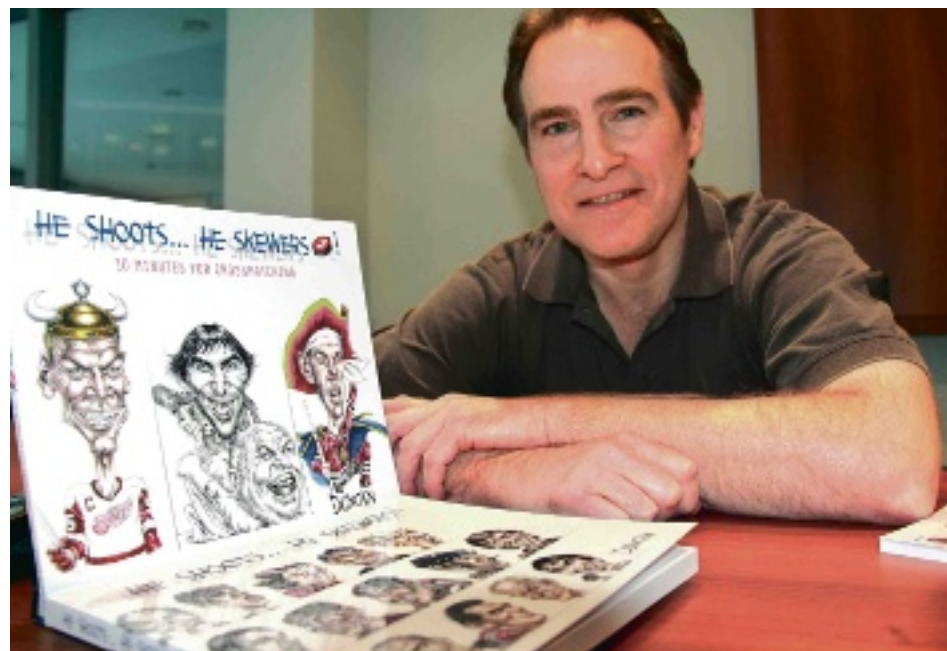
Go to Sears.ca/giftoftheday to purchase today's deal.

NE122G513 © 2013, Sears Canada Inc.

metro

08

metronews.ca
Thursday, December 12, 2013



Local artist Randy Duncan shows off his new book of NHL caricatures *He shoots... He Skewers 2*, a followup to his first collection of cartoons lampooning pro hockey players, coaches and league execs. SEAN MCKIBBON/METRO

Artist takes slapshots at hockey's finest

Randy Duncan. Local caricaturist puts out sequel to first hockey funny book, says he's sharpening his pencil for a third



SEAN MCKIBBON
sean.mckibbon@metronews.ca

Got a hockey nut on your Christmas Shopping list and don't know what to get?

He Shoots... He Skewers 2 may be just what the team doc-

tor ordered.

Local artist Randy Duncan got his start in the caricature biz drawing cartoons for *Le Devoir*, the *Montreal Gazette* and the *Daily News* as a freelancer and he has a new collection of cartoons out just in time for Christmas.

"I always fooled around with it in high school, I took classes towards the end, and then fine arts at Champlain College in Lennoxville," says Duncan, recalling his first experiences putting pen to paper. But he also played hockey and ended up drawing cartoons of his team.

Just as hockey has changed, the newspaper biz has changed

too, and Duncan says that after seeing less demand for his work, he decided to put together a book. With the help of his brother-in-law and nephew his first *He Shoots... He Skewers* came out in 2009 to a warm reception, encouraging him to put out a followup.

"I'm hoping it will be a trilogy," Duncan says.

Both books cover a range of eras, from Rocket Richard's day to the present, covering everything from trades to player rivalries and even concussions. Duncan's artwork is top-notch, but does er... skate the edge of good taste, so it's a book for adult hockey fans.

Scammers

Police warn of fake online survey

Ottawa police are warning the public about a fake online survey purporting to be from the Ottawa Police Service and promising gifts to people who complete it. Police say they have no such survey. The misleading survey, labelled as Official Survey: Ottawa Police, asks participants to pay a shipping fee to receive their free gift. **METRO**

Fundraising

Dementia Walk sets target

Organizers of the Walk for Memories say they aim to raise \$275,000 in their January event in support of dementia research. Ottawa's premier indoor fundraising walk is scheduled for Sunday, January 26 from 9 a.m. to 12 p.m. in the Carleton University Fieldhouse. To register, go to walkformemories.ca. **METRO**

Prostitution

Man charged with human trafficking

Police responding to a complaint of suspicious activity in the 400 block of Greenview Avenue charged a man Wednesday with a series of offences including human trafficking, pimping and running a bawdy house. Zhao Liu, 31, was slated to appear in court Wednesday. **METRO**

BREAK BREAD WITH US

**GRAND
RE OPENING**

DECEMBER 13TH AT 8 AM
64 Isabella St, Ottawa

©/TM the trademarks and logos displayed are trademarks of Loblaws Inc. All rights reserved. © 2013 Loblaws Inc.

 **Loblaws[®]**

Bytown Museum. Who says ghost sightings are reserved for Halloween?

Fans of the paranormal are invited to join an investigative team from the Haunted Ottawa Paranormal Society as they look for evidence of friendly ghosts, disembodied spirits and one persistent prankster haunting the Bytown Museum on Friday.

The four-hour candlelight tour includes stories about how the building was constructed and a few of its most memorable personalities, including Duncan MacKay.

MacKay ran the museum building when it was Colonel By's commissariat and he is rumoured to still be playing practical jokes, such as turning off lights and rearranging items in the gift shop.

Visitors will accompany investigators as they monitor the building for paranormal beings, electro-magnetic fields and plasma balls at nine stations with night-vision-equipped digital-video recorders.

Admission costs \$25 and includes hot cider and light food.

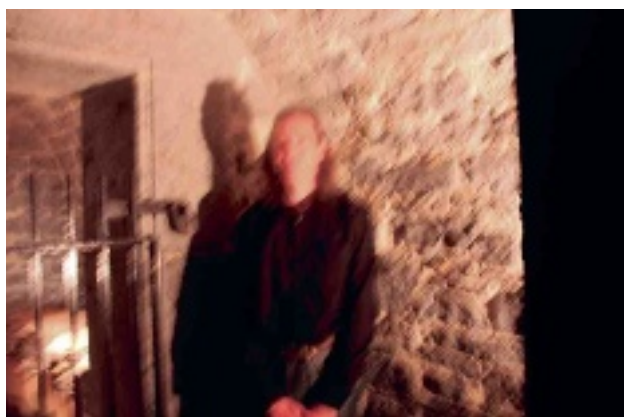
The museum hosted its first public paranormal investigation on Sept. 13 but despite a couple of bone-chilling moments, it came up empty-handed.

Interest in the building's haunted history is so strong that staff are adding late-night walk-throughs and paranormal investigations in the future, including The Nightmare Before and After Christmas on Dec. 21, 27 and 28.

"Being one of the most haunted buildings in Ottawa piques the interest of a lot of people, but I hope it doesn't scare them from seeing our exhibition detailing the construction and remnants of this historic building," said the Bytown's revenue and operations manager, Sandy Trueman.

Tagged as one of the most haunted buildings in Ottawa, the former Commissariat dates back to 1827 and has been the site of repeated sightings with most of the activity in the vault.

DENIS ARMSTRONG/FOR METRO



Trevor Couturier of the Haunted Ottawa Paranormal society poses for a "spooky" (some would say blurry) photo in the vault of the Bytown Museum. COURTESY TREVOR COUTURIER



An Ottawa police officer looks back at colleagues helping kids with their purchases at EB Games at Carlingwood Mall on Wednesday during the shopping centre's sixth annual CopShop Christmas event. DENIS ARMSTRONG/FOR METRO

Good cops, good kids

Carlingwood Mall.
Ottawa's finest and deserving youth team up for pre-Christmas shopping sprees

DENIS ARMSTRONG
ottawa@metronews.ca

Tough police work? Not at Carlingwood Mall on Wednesday.

Instead there was a whole bunch of Christmas cheer as 25 deserving public-school kids were each partnered with their own cop for lunch and a day of shopping at

the sixth annual CopShop Christmas event.

After a pizza lunch and visit with Santa, the eight- and nine-year-old shoppers — who were selected because they had done well in academics, sports or volunteerism — were given a \$200 credit good for any store in the mall, though electronics retailers such as EB Games and The Source seemed to be popular with the kids.

Every Christmas since 2008 Carlingwood has given away \$5,000 in gift cards, hoping to show deserving kids some Christmas spirit. The Ottawa police officers who volunteer, many of whom give their time every

year, also get a lot from the program.

"You can't beat this — the looks on the faces of these kids is priceless," said Bayshore community officer Admir Minarolli, referring to W.E. Gowling student Yusuf Saidmussa.

With a black belt in kung-fu, eight-year-old Savannah Lecompte kept her assistant, Const. Krista Mallon, on her toes looking for just the right Christmas present for her aunts Aimee and Sary.

While most of the kids had a good idea what they were going to buy beforehand, the only thing Raiden Jean-Louis, 9, knew on his way to Carlington was what

his parents told him not to buy — games with foul language and guns, said his personal shopper, Const. Paul Baechler. Eventually he bought a remote-controlled car.

"If this doesn't get you into the Christmas spirit, your heart is as black as the Grinch's," laughed Const. John Ferguson following an afternoon of shopping with Jackson Welsh, the shy nine-year-old Bell's Corners student who arrived before lunch with a shopping list to make sure he found his gifts — a Pokémon game for himself and anything Batman for his brother — before another shopper snapped it up.

PERSONAL SUPPORT WORKER



Program Objective

This 27 week program provides the theoretical knowledge and the practical skills required to enter the healthcare field as a Personal Support Worker.

Career Opportunities

Graduates will find employment within:

- Long-Term Care Facilities • Group Homes
- Hospitals • Retirement Homes/Residences
- Agencies providing Homecare Service

NIGHT
SCHOOL
AVAILABLE

CALL TODAY!

ALGONQUIN CAREERS ACADEMY

1830 Bank Street 613-722-7811 www.algonquinacademy.com



Complimentary
WHITENING KIT
For New Patients*

Accepting New Patients

- Family Dentistry
- Laser Dentistry
- Invisalign Consults
- Digital x-rays
- Implants
- Cosmetic Dentistry

**WALK-IN &
EMERGENCIES**



**OPEN EVENINGS
& WEEKENDS**

1537 Merivale | 613.228.3000 | www.udental.ca | u@udental.ca

* \$350 value. Call office for details.

THURSDAY, DECEMBER 12

TODAY ONLY

IN STORE AND AT THEBAY.COM. PLUS, RECEIVE FREE SHIPPING WITH ANY PURCHASE ONLINE.

See below for details.

50% off
Save \$500
\$499.99
Regular \$999.99. Black

KRUPS Espresseria fully-automatic coffee maker

Create quick and easy espresso, cappuccino and latte at home.
Made in France, the Espresseria is the world's most compact,
fully-automatic, bean-to-cup coffee machine.



50% off. Save \$600
\$599.99
Regular \$1199.99 Stainless steel

Plus, 25% off
other coffee makers



HUDSON'S BAY



24 EASY PAYMENTS – NO ADMIN FEE – 0% INTEREST FOR 24 MONTHS

On select merchandise in store including furniture, major appliances and mattresses when you use your Hudson's Bay MasterCard® or your Hudson's Bay Credit Card. Minimum purchase \$499 (excluding taxes and delivery charge). Delivery charges and taxes are payable up front. On approved credit only.
Equal monthly payments required. See below for details.

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details. **SPECIAL PAYMENT PLANS:** Special Payment Plans are available on approved credit with your Hudson's Bay MasterCard® or Hudson's Bay Credit Card on the identified items. Not applicable in Quebec. If you default under your payment terms or under your Hudson's Bay Account Agreement, then the terms and annual interest rate are set out therein. The billing period covered by each statement will be approximately 30 days. For full details, go to <http://paymentplanhbc.com>, call 1-800-263-2599 or see a store associate. Hudson's Bay, Hudson's Bay Credit, hbc.com and their associated designs are trademarks of Hudson's Bay Company. **Credit is extended by Capital One Bank (Canada Branch).** Capital One® is a registered trademark of Capital One Financial Corporation. MasterCard and the MasterCard brand mark are registered trademarks of MasterCard International Incorporated. All marks used under licence. All rights reserved. **FREE SHIPPING:** Receive free standard shipping. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes and mattresses.

Busted. Man running 'revenge porn' website charged with extortion

A San Diego man was charged Tuesday with operating a website that let people anonymously post explicit photographs of others so that he could extort hundreds of dollars from the victims.

Kevin Christopher Bollaert, 27, was arrested by California Department of Justice agents on 31 felony counts of conspiracy, identity theft and extortion.

Bollaert created the "revenge porn" website ugotposted.com a year ago, according to court documents. The site let users anonymously post more than 10,000 nude and explicit photographs of others without their permission.

Unlike other such sites, ugotposted.com required that the victim be identified by

name, age and other information, leading to the identity theft allegations.

Documents say Bollaert charged victims a fee ranging from \$249.99 to \$350 to remove the images, using emails sent through a second website, changemyreputation.com.

The department says Bollaert told investigators during the investigation that he received about \$900 each month from online advertising. However, the department said records from his changemyreputation.com PayPal account show that he received tens of thousands of dollars.

Both websites were inactive as of Tuesday. Bollaert's attorney did not return a telephone message seeking comment.

THE ASSOCIATED PRESS

Ottawa. Suspended senator denied press pass on Parliament Hill

The parliamentary press gallery has denied suspended senator Patrick Brazeau's bid for accreditation as a freelance reporter for Halifax-based Frank Magazine.

Press gallery president Daniel Thibeault said Brazeau wasn't eligible for membership because he's still a senator.

"So we feel as an executive that it's incompatible. You can't be a senator and a member of the press gallery at the same time," Thibeault said.

The Halifax edition of Frank — not to be confused with another publication in Ottawa with the same name — said



Suspended senator Patrick Brazeau
SEAN KILPATRICK/THE CANADIAN PRESS

the senator would be a "pain in the arse" to his former Senate colleagues, who suspended Brazeau and fellow ex-Conservative caucus members over their questionable expense claims.

THE CANADIAN PRESS

Interpreter at Mandela memorial was a fraud

Say what? Advocates for the deaf say sign-language interpreter was a faker who just waved his arms around meaninglessly

As one world leader after another took the stage in a gigantic soccer stadium to pay homage to Nelson Mandela in Soweto, South Africa, the man at arm's reach from them appeared to be interpreting for the deaf at the hours-long memorial.

The unidentified man, who stood about one metre from U.S. President Barack Obama and other leaders, "was moving his hands around but there was no meaning in what he used his hands for," Bruno Druchen, the Deaf Federation of South Africa's national director, said.

When South African Deputy President Cyril Ramaphosa told the crowd that former South African President F.W. de Klerk was among the guests in a VIP section, the man at his side used a strange pushing motion unknown in sign language that did not identify de Klerk or say anything about his presence in the stadium, said Ingrid Parkin, principal of the St. Vincent School for the Deaf in Johannesburg.

The closest the man's gestures at that point came to anything in sign language might possibly be the words for "running horse," "friend" or "beyond," she said, but only by someone who signs



U.S. President Barack Obama stands next to a fake sign-language interpreter as he makes his speech at the memorial service for Nelson Mandela at the FNB Stadium in Soweto near Johannesburg on Tuesday. MATT DUNHAM/THE ASSOCIATED PRESS

terribly. The man also used virtually no facial expressions to convey the often emotional speeches of the leader, an absolute must for sign language interpreters, Parkin said.

Collins Chabane, one of South Africa's two presidency ministers, told reporters the government is investigating "alleged incorrect use of sign language at the National Memorial Service" and did not identify the man but added the "government will report publicly on any information it may establish."

Outraged deaf people and sign language interpreters from Canada to China have

complained about the man, Parkin said. "This man himself knows he cannot sign and he had the guts to stand on an international stage and do that," Parkin said. "It's absolutely impossible that he is any kind of interpreter. Or a language person at all, because he's not even using a language there."

The allegation of the use of a bogus sign interpreter was yet another example of bad organization at the service Tuesday. Other problems included breakdowns in public transportation that hindered mourners from getting to the soccer stadium and a faulty

audio system that made the remarks of world leaders inaudible for many. Police also failed to search the first wave of crowds who rushed inside the stadium after authorities opened the gates just after dawn.

THE ASSOCIATED PRESS

Repeat offender

The man also did sign interpretation at an event last year that was attended by South African President Jacob Zuma.



Long & McQuade
MUSICAL INSTRUMENTS
long-mcquade.com


Shop Online!

Best Price. Best Selection.

Holiday Shopping Made Easy.

2631 ALTA VISTA DRIVE | 613.521.5909





SUCCESS
LANGUAGE SCHOOL
& TRANSLATION SERVICE
"Bilingue en peu de temps"

SPEED FRENCH
SIX-WEEK MINI-IMMERSIONS
SMALL CLASSES • FREE EVALUATION

CLASSES STARTING JANUARY 9

Early Bird Tuition ends December 23

177 promenade du Portage
(across from Place du Portage govt bldgs) – day
St. Laurent Mall (at Herzing College) – evenings

- Beginner, Intermediate, Advanced
- On-going Private/semi-private
- SLE coaching/renewal
- SEE STUDENT COMMENTS ON WEBSITE

OTTAWA • ORLEANS • HULL
www.successlanguageschool-ecolesucces.com
ecolesucces@rogers.com
613.795.5773

THURSDAY, DECEMBER 12

TODAY
ONLY

IN STORE AND AT THEBAY.COM.
PLUS, RECEIVE FREE SHIPPING
WITH ANY PURCHASE ONLINE.

See below for details.

Save \$50
\$89.99

Regular \$139.99

Men's 2-ply
cashmere sweaters
by BLACK BROWN 1826

Choose from crewneck and
V-neck styles in 24 colours.

Exclusively ours

Save \$20
\$39.99

Regular \$59.99

BLACK BROWN 1826
merino wool sweaters
Exclusively ours

Made in Italy. Available in 20 colours.



HUDSON'S BAY



WE CAN OWN
THE PODIUM

\$10 at thebay.com/olympic

\$3.33 from the purchase of every pair is donated to Canadian
athletes through the Canadian Olympic Foundation. *Exclusively ours*

No rain checks and no price adjustments. No pre-orders or telephone orders. Offer available while quantities last. Cannot be combined with other offers. Selection may vary by store. Savings are off our regular prices unless otherwise specified. See in store for details.
FREE SHIPPING: Receive free standard shipping. Offer not valid at Hudson's Bay or any other HBC stores. Additional fees apply for Express or Next Day Shipping. Applies to Canadian delivery addresses only. Excludes furniture, canoes and mattresses.

Meat. FDA makes move to phase out use of some antibiotics in livestock

Citing a potential threat to public health, the U.S. Food and Drug Administration is taking steps toward phasing out the use of some antibiotics in animals processed for meat.

The agency has announced that it will ask pharmaceutical companies to voluntarily stop labeling drugs important for treating human infection as acceptable for growth promotion in animals.

If the companies sign on — and one major company has already said it will

Protecting humans

The FDA move is designed to limit antibiotic-resistant diseases in humans. Repeated exposure to antibiotics can lead germs to become resistant to the drug so that it's no longer effective.

— using those antibiotics to promote growth in animals would be illegal.

THE ASSOCIATED PRESS

London

Two Damien Hirst artworks stolen

Two Damien Hirst artworks together valued at 33,000 pounds (\$57,000) have been stolen from a London art gallery, police said Wednesday.

The Metropolitan Police

said the two signed prints, Pyronin Y and Oleoylsarcosin, were taken from the Exhibitionist Gallery in west London in the early hours of Monday by a thief who forced the gallery doors. The works are among Hirst's series of Spot pieces, covered in multicolored dots.

THE ASSOCIATED PRESS

FDA denies approval for female sexual-desire drug

Flibanserin. Daily pill is designed to increase libido in women by acting on brain chemicals linked to mood and appetite

The multi-decade search for a pill that boosts sexual desire in women has hit another roadblock, raising questions about the future of efforts to develop a female equivalent to Viagra.

Sprout Pharmaceuticals said Wednesday it has reached an impasse with the Food and Drug Administration over its drug, flibanserin. The pill is designed to increase libido in women by acting on brain chemicals.

The FDA questions whether the drug's benefits outweigh its risks, considering its "modest" effectiveness and side effects including fatigue and nausea.

Sprout said it is appealing



In this photo, Cindy Whitehead holds a tablet of flibanserin in her office at Sprout Pharmaceuticals in Raleigh, N.C.
ALLEN G. BREED/THE ASSOCIATED PRESS

an October letter from the FDA that denied approval and asked for more information. But chances for approval appear slim: Of the 17 appeals FDA considered last year, 14 were denied, according to government figures.

The agency's latest rejection raises serious questions

for more than a half-dozen companies working to develop therapies for women who report stress due to lack of libido. It's a market drug makers have been trying to tap since the blockbuster success of Viagra, an erectile-dysfunction drug.

THE ASSOCIATED PRESS

Quoted

"A pill just doesn't take care of it."

Dr. Virginia Sadock, psychiatrist, on the difficulties of treating female sexual dysfunction.

Get **DOUBLE** the data and minutes for a limited time!

Plus, get up to a \$100 bonus gift² on select smartphones!



HTC Desire™



Nexus 5



Samsung Galaxy S III™



koodo

Bonus gift offer ends December 31, 2013.



BLACK⁵
www.black5.ca

FUTURE SHOP

MOBILE SHOP

Walmart

koodo
shop

Ottawa
Bayshore Shopping Centre
Carlingwood Mall
Les Galeries de Hull
Place d'Orléans
Promenades de l'Outaouais
Rideau Centre
St. Laurent Centre

Belleville
Quinte Mall

Brockville
1000 Islands Mall

Cornwall
Cornwall Square

Kingston
Cataraqui Town Centre

(1) See store for details. (2) Bonus gift will vary by store location. See store for full details. Bonus gift available with new activations only. While quantities last.

THURSDAY DECEMBER 12TH

ONE DAY ONLY!

40 %
OFF

ENTIRE STORE

INCLUDING SALE MERCHANDISE!

IN-STORE + ONLINE!

**SIGNATURE
+ SPC MEMBERS
RECEIVE AN ADDITIONAL**

10 %
OFF

Bluenotes[®]

bluenotes.ca   

*Offer valid at all Bluenotes locations, excluding outlets. See store for details.

Vancouver proposes sending gay councillor to rep city in Sochi

Discrimination.

Proposal is in response to Russia's controversial anti-gay 'propaganda' law

The City of Vancouver is responding to Russia's discrimination against gays and lesbians by proposing sending an openly gay councillor as its official representative for the 2014 Sochi Olympics.

Tim Stevenson, who is also the deputy mayor, wants to take a city declaration to Russia so he can ask the International Olympic Committee (IOC) to recognize the human rights of all athletes.

He says cities vying to host future Olympics should endorse the creation of a

pride house as part of their bid.

Stevenson told reporters that Nelson Mandela enshrined sexual orientation in South Africa's constitution back in the 1990s and that he's asking organizers of the Winter Olympics to ensure the games are inclusive for everyone.

Stevenson's motion calls on the IOC and the International Paralympic Committee to include in its charter a non-discrimination clause for sexual and gender identity.

Vancouver Mayor Gregor Robertson says he supports the motion, which will go to council next week.

Russia passed a law in June that bans "propaganda of non-traditional sexual relations" and imposes fines on people who stage gay pride rallies.

THE CANADIAN PRESS



Openly gay Vancouver city councillor Tim Stevenson speaks to reporters after it was announced Wednesday that he may represent the city at the 2014 Sochi Olympics.

DARRYL DYCK/THE CANADIAN PRESS



Christmas in the ByWard Market

Ottawa



Free Wagon Rides and Christmas Choirs at William Square from noon - 4 p.m. every Saturday and Sunday starting Nov. 30 until Christmas! (Weather permitting)

Bring home your Christmas tree & holiday decorations from the ByWard Farmers' Market. Over 3,100 parking spaces available.

Shop Taste Live
Experience the ByWard Difference

 @ByWardMarketBIA
  www.byward-market.com
  ByWard-Market-Business-Improvement-Area




Bank Street BIA Gift Card
One Card, 200 Possibilities

Perfect for that hard-to-buy-for loved one.



From Wellington to Gladstone

Downtown. At the intersection of everything.  
Order online starting November 14th, 2013 | visit us online at bankstreet.ca

TODAY ONLY!

(DECEMBER 12)



SAVE \$5.50

**THE KRACKEN
BLACK SPICED RUM**

Now \$24.45 Reg \$29.95
225698 750 mL

Valid December 12, 2013. Price subject
to change without notice. While supplies last.

PLEASE DRINK RESPONSIBLY





Craig Kielburger leaves condolences for Nelson Mandela in South Africa.

COURTESY MICHAEL RAJZMAN

Let's start with your response to the massive memorial service you attended for Nelson Mandela.

The emotions that are running through me — I'd say one is gratitude for the role that he played as one of the great leaders in our world for human rights ... but also, I have a sense of responsibility and I hope everyone does feel a sense of responsibility, that the world was fortunate to see

CRAIG KIELBURGER

As the world mourns Nelson Mandela, one of Canada's pre-eminent youth leaders, and co-founder of Free The Children, spoke with Metro Tuesday from Johannesburg after attending Mandela's memorial.

"A SENSE OF JUST PROFOUND GRATITUDE."

someone like Mandela and now the question is, what will we do to live that legacy ... I'd say it's very much a sense of just profound gratitude.

How has Nelson Mandela helped shape Free The Children?

I had the pleasure to hear him speak in various capacities ... and once, very briefly meeting him, as did my brother — to ask him a question about his leadership philosophy ... he reflected on how he was as a young person, a shepherd or herder, and he learned

a lesson that forever stayed with him ... that you always had to stand in the back to make sure your sheep, or your goats, always got to where they were supposed to go — that they didn't wander off to the side ... that simple idea, the lessons that he taught — the humanity — is an amazing influence.

What was Mandela's impact on you?

Inspiring, I don't think there's any other word that one can use ... inspiring in what he represented, inspiring in how he carried himself, inspiring

in his words — but mostly inspiring in his dreams ... That to lead, you must walk from behind and I think that speaks to the essence of who he was. A leader through-and-through, but someone who was so dedicated to making sure the most vulnerable always arrived.

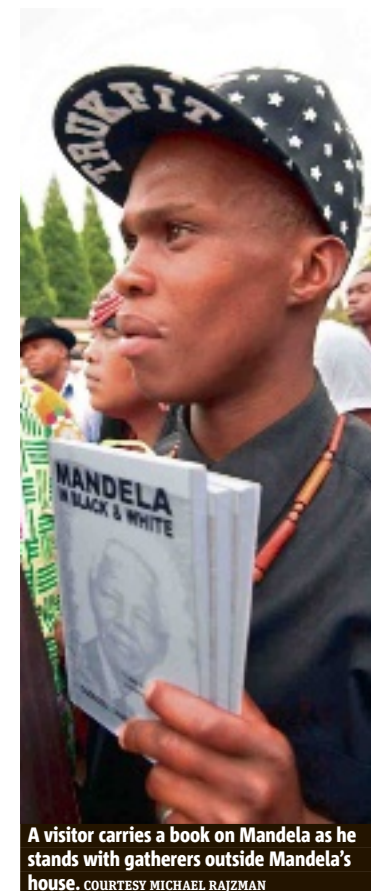
How important is it that leaders are encouraging the world to model themselves after Mandela?

I hope that more world leaders would model themselves on Mandela. I think it's very easy to quote him, it's very difficult to model him ... if world leaders want to honour Mandela ... they can increase their foreign-aid commitments, they can promote service and volunteerism in their country, they can show that same compassion and forgiveness with some of the great intractable conflicts of our world — that would be a great way to honour Mandela.

What legacy do you think Mandela will leave behind?

I think legacy isn't something that he writes. In his time on this earth, he inspired us with his courage and his humanity and his willingness to forgive and his legacy will, ironically, be something we write ... the legacy is in our hands and I think we have an opportunity that we should not waste.

MORGAN MODJESKI/METRO IN SASKATOON



A visitor carries a book on Mandela as he stands with gatherers outside Mandela's house. COURTESY MICHAEL RAJZMAN

Dispatches from South Africa by Craig Kielburger

1 Arrival. With a heavy heart

On Wednesday, I walked into the courtyard of the Union Buildings in Pretoria where, in 1994, Nelson Mandela was sworn in as the first democratically elected president of South Africa. I headed up a flight of stairs and stopped. It felt as though there was pressure on my chest, heaviness in my heart. I took a deep breath. I expected to see a closed casket and hadn't prepared to see his body. People are lining up for up to seven hours to pay their respects. Of course.

2 Tribute. A sense of gratitude

I'm struck how a nation can come together for such an overwhelming tribute to Mandela, patriarch of this lush country once fractured by racism and hatred. These tributes extend beyond borders. I can't imagine another living person today, or in my lifetime, that could have such a unifying effect. Standing waist-deep in flowers left outside Mandela's house, sharing stories with his friends at a service, standing with South Africans to visit, I feel gratitude.

3 Pride. A never-dying spirit

"For the spirit of Nelson Mandela, it was the right time for him to go because he had done everything humanly possible to change this country. His was a never-dying spirit that showed us anybody can become anything." — Sammy Ntmanem, 34, in the Union Buildings in Pretoria

4 Hope. More than just a moment

"We have been friends and co-workers for eight years. We are very patriotic and support every event we can, from political, to sports, to moments like this. But this is more than just a moment. We came to the square to give tribute to the greatest man on Earth," said Esther Rubin, with Lilahloane Mokale in Nelson Mandela Square, Johannesburg. Added Mokale: "We love him so very much ... What we have is because of him. I hope we can go on without him."

5 Remember. For the next generation

"I so want my daughter to remember this day. That's why I have her here. As she grows up I will keep telling her stories about apartheid and how it was before in this country." — Monica Ntimana, 29, with Grace, five months



Work continues

100

At Free the Children, we are adding our voice to the tributes to Mandela. Our organization, along with Canadian schoolchildren, is building 100 schools in Africa. Mandela once said: "Education is the most powerful weapon which you can use to change the world."

ONE NIGHT ONLY. FRIDAY DECEMBER 13.
MAD DEALS AND GIVEAWAYS FROM 6PM-MIDNIGHT.*

MAGENTA MADNESS

SAVE UP TO
50% OFF

SELECT DESIGNER FASHION & ACCESSORIES

When you take an additional 20% off already reduced merchandise

**MORE
MADNESS**

**20%
BACK**

Get 20% of your beauty purchase back onto a promotional gift card.

**WIN
\$5000!**

Play in-store to win Holt Renfrew Gift Cards, including the **grand prize of a \$5000 Holt Renfrew Gift Card!** Plus win concert and movie tickets, cosmetic bags, magazine subscriptions and more. †

\$99

Select women's and men's denim (original price from \$194-\$275)

Select women's designer tops (original price from \$145-\$250)

**50%
OFF**

HOURLONG POP-UP DEALS!

A surprise selection of hour-long deals on designer fashion and accessories throughout the night!

HOLT RENFREW

VISIT HOLTRENFREW.COM FOR SALE DETAILS & STORE HOURS.

* Sale in effect only on December 13, 2013 at all Holt Renfrew stores except Winnipeg and hr2 only from 5pm to 9pm in stores located in the province of Quebec and 6pm to 12am at all other participating Holt Renfrew stores. Some restrictions apply. While quantities last. Styles, sizes and quantities are limited and vary by store. Cannot be combined with any other promotion. No price adjustments on previous purchases.

† No purchase necessary, one entry per person. Local Contests are open to legal residents of the province in which the Participating store is located. National contest is open to legal residents of Canada. Must be of the age of majority in your province of residence to enter. Contest ends on December 13, 2013 at 9pm in the province of Quebec and 11:59pm local time in Ontario, Alberta and British Columbia. There is a total of 5708 prizes available to be won with 950 prizes available to be won in Quebec; 3236 in Ontario; 1330 in Alberta; 1201 in Vancouver and 1 prize nationally. Participating Stores are in Toronto Bloor Street, Yorkdale, Sherway, Ottawa, Montreal, Quebec City, Edmonton, Calgary and Vancouver. Odds of winning depend on the number of eligible entries received. Mathematical skill testing question required. Full rules in store and on <http://www.holtrenfrew.com/MagentaMadness>.

Elements of instability

Recent discord denotes a country divided

Yanukovych's shelving in November of an agreement with the European Union to deepen economic and political ties has set off weeks of protests.

Supporters of the EU pact — including many in Kyiv, the capital — want Ukraine to become closer to Western Europe and distance itself from Russia, which ruled or dominated Ukraine for centuries.

Russia has worked hard to derail the accord, issuing a variety of trade threats, and Ukrainians in the east look more favourably on aligning closer with Russia.

Yanukovych, who is seeking a bailout loan from the International Monetary Fund to keep Ukraine from going bankrupt, is sensitive to the economic disruption that trade disputes with Russia can cause.

THE ASSOCIATED PRESS

Ukraine opposition shuns offer of talks

Act before chat. Withdrawal of riot police interpreted as sign that support for president is dwindling

Opposition leaders in Ukraine rejected President Viktor Yanukovych's offer of talks Wednesday, saying they will not sit down with him until he fires his government and releases all arrested demonstrators.

That stance reflected their growing confidence after the abrupt withdrawal of riot police from parts of Ukraine's capital early Wednesday raised protesters' hopes that weeks of demonstrations have eroded police support for Yanukovych and his government.

Yanukovych issued an invitation late in the day to

Not ready to make nice

"Instead of a round table, what we got is a breakup (with) truncheons. The authorities are driving into a dead end."

Oleksandr Turchynov
Opposition leader

political, religious and civil figures to join a national dialogue. But it gave no details about a proposed date for the talks — and could have been merely an attempt to buy time and mollify Western officials.

The opposition reaction was scathing.

"Instead of a round table, what we got is a breakup (with) truncheons. The authorities are driving into a dead end," opposition leader Oleksandr Turchynov said.

Yuri Lutsenko, a former interior minister who is now another opposition leader, said

the police retreat shows that "basically only some units remain" loyal to Yanukovych.

"This is a great victory," Arseniy Yatsenyuk, leader of the largest opposition party in parliament, said of the police withdrawal.

He spoke from the stage at Kyiv's central Independence Square, where protesters have set up an extensive protest tent camp manned around the clock.

Western diplomats have increased their pressure on Yanukovych to seek a solution to the tensions that have paralyzed this economically

troubled nation of 46 million. In response, Prime Minister Mykola Azarov and other officials promised Wednesday that police would not act against peaceful protesters.

"I want to calm everyone down — there will be no dispersal of protesters," Interior Minister Vitaly Zakharchenko said in a statement, which did not explain why thousands of helmeted and shield-bearing police were deployed in the first place.

Assistant U.S. Secretary of State Victoria Nuland met with Yanukovych Wednesday after visiting the protest camp.

"I made it absolutely clear that what happened last night, what is happening in security terms here, is absolutely impermissible in a European state, a democratic state," she said, referring to police scuffles with protesters. THE ASSOCIATED PRESS



Pro-European Union activists wave flags as riot police pull back from Independence Square in Kyiv, Ukraine, on Wednesday. SERGEI GRITS / THE ASSOCIATED PRESS

Overnight uproar. Police move on demonstrators

The flurry of police action in Kyiv began about 1 a.m., when phalanxes approached Independence Square from several directions, tearing down some tents and barricades and scuffling with some protesters. Many protesters, wearing orange construction hats to protect themselves from police truncheons, locked arms against the police and some scuffles broke out.

Separately, three buses of riot police parked on the

steps of the city administration building, about 300 metres away from the square. Protesters poured water on the steps, which quickly froze, and grappled with police.

The police returned to the buses and pulled away hours later, as protesters shouted "Shame!" and "Way to go!" The larger police contingent at the square also left and by Wednesday afternoon, new tents and barricades were being put up. THE ASSOCIATED PRESS



A Ukrainian woman, a pro-European Union activist, sits during the protest in Independence Square, on Wednesday. SERGEI CHUZAVKOV / THE ASSOCIATED PRESS

Facts of the fight

- The protests are the biggest since Ukraine's pro-democracy Orange Revolution in 2004, which forced the annulment of Yanukovych's presidential victory in a fraud-tainted election and ushered his pro-Western opponents into power.

- Yanukovych won back the presidency in the 2010 vote, narrowly defeating Yulia Tymoshenko, a key Orange Revolution figure. Tymoshenko was then imprisoned on charges of abuse of office, a case widely criticized in the West as political revenge.

- In Washington, the State Department said it is evaluating all options, including possible U.S. sanctions against Ukraine. It didn't provide details, but in the past the U.S. has imposed asset freezes and travel bans on senior officials in oppressive governments.

Midnight Madness at IKEA

Get 50% OFF hundreds of items.

The **IKEA Winter Sale** kicks off tomorrow with amazing offers at **Midnight Madness**.
Friday, December 13th from 6pm - Midnight only.*



50% OFF
select holiday
collection items



50% OFF
all soft toys
Limit 10 per customer.



SÄTER sofa
Was \$499
\$299
Limit 1 per customer.



15pcs meatball dinner
Reg. \$5.99
\$3.99
4pm - close



Visit IKEA.ca for details. While supplies last.

Part phone and part tablet: The 'phablet' set to take over

Trend. Deloitte Canada predicts supersized smartphones will dominate in 2014

A hybrid device that's part tablet and part smartphone called a "phablet" is expected to outsell tablets and gaming consoles next year.

As part of its 2014 tech predictions, Deloitte Canada says 300 million phablets will be sold globally in 2014, totalling \$125 billion and representing one quarter of smartphones sold.

In Canada, phablets are expected to make up 10 to 15 per cent of smartphone sales next year.

Phablets are considered smartphones because they make phone calls.

They represented just



A man shows the Sony Xperia Z1 smartphone at an event in Berlin in September. A hybrid device that's part tablet and part smartphone called a 'phablet' is expected to outsell tablets and gaming consoles in 2014. MARKUS SCHREIBER/THE CANADIAN PRESS/AP

two per cent of smartphones sold in 2012 and

figures for this year are still being compiled.

Deloitte Canada says the oversized smartphones,

World domination

300M

Deloitte Canada predicts 300 million phablets will be sold globally in 2014, bringing in around \$125 billion and taking up about 25 per cent of smartphones sold.

usually with a five-inch screen, are expected to appeal to consumers who are making fewer phone calls, but want a bigger screen for activities such as watching video and playing video games.

In 2013, global sales of tablets are expected to be \$100 billion, while sales of gaming consoles were estimated to be \$10 billion.

Deloitte will release the rest of its predictions for 2014 in January.

THE CANADIAN PRESS

Not an effective strategy

LinkedIn users: Nix 'responsible' from your profile

In this case, being responsible is overrated.

It's the No. 1 most overused buzzword on LinkedIn profiles in Canada, and globally, in 2013.

Professional networking site LinkedIn said its annual study also puts "strategic," "effective" and "creative" on this year's Top 10 list of overused words on business profiles. **THE CANADIAN PRESS**

More than 2M sold

83 million hours already wasted since Xbox launch



Xbox One superfans.

GETTY IMAGES FOR MICROSOFT

Microsoft says more than 2 million of its Xbox One consoles have been sold since the system's launch 19 days ago.

Company officials say users have spent over 83 million hours with the games, TV, and apps on Xbox One since the Nov. 22 launch. **THE ASSOCIATED PRESS**

\$1.6 million US

Four arrested in bank cyberthefts

Four people have been arrested by detectives investigating the suspected theft of 1 million pounds (\$1.6 million US) from two U.K. banks via downloaded malware, police in London said Wednesday.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
94.40¢ (+0.09¢)

TSX
13,133.42 (-190.59)

OIL
\$97.44 US (+\$1.07)

GOLD
\$1,257.20 (-\$3.90)

Natural gas: \$4.34 US (+0.09)
Dow Jones: 15,843.53 (-129.60)

THANKS TO YOU WE'RE BUILDING A BRIGHTER FUTURE

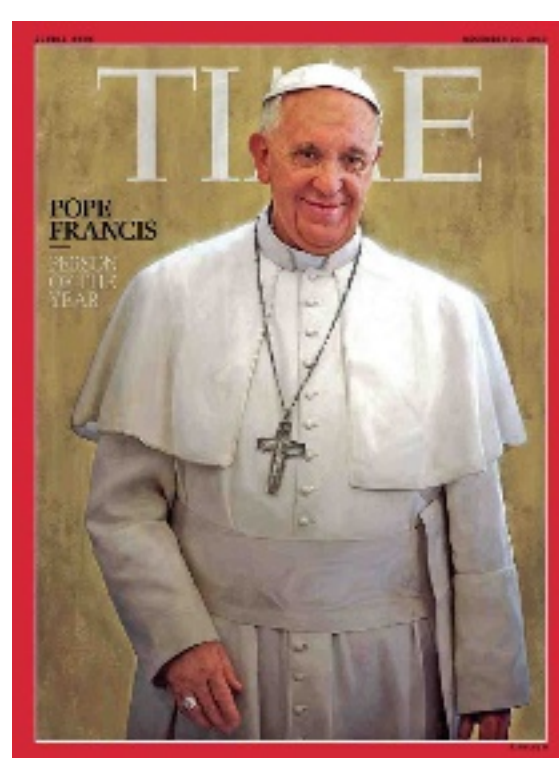
Thanks to financial contributions from all three levels of government and from donors like you, the CANADIAN MUSEUM FOR HUMAN RIGHTS in Winnipeg, Manitoba will open its doors to the world on September 20, 2014.

THANK YOU ONTARIO. Over 7,500 donors from across Canada and beyond have raised \$142 million towards our private sector capital campaign goal of \$150 million. Twenty per cent of funds raised from the private sector have come from Ontario donors!

Special thanks to **Alice and Grant Burton, Michael and Amira Dan and The Family of Shirley and Irving Greenberg**, whose recent gifts of \$1 million or more helped us reach our latest fundraising milestone. Together, you are helping build a centre of learning that will create inspiring encounters with human rights for visitors from across Canada and around the world.

Donate today by visiting friendsofcmhr.com or calling 1.866.828.9209

friends of
THE CANADIAN MUSEUM FOR HUMAN RIGHTS



Pope named person of 2013

Time magazine selected Pope Francis as its Person of the Year on Wednesday, saying the Catholic Church's new leader has changed the perception of the 2,000-year-old institution in an extraordinary way in a short time. The pope beat out NSA leaker Edward Snowden for the distinction, which the newsmagazine has been giving each year since 1927. The Pope has denounced the world's "idolatry of money" and the "global scandal" that nearly 1 billion people today go hungry, and has charmed the masses with his simple style and wry sense of humour. His appearances draw tens of thousands of people and his @Pontifex Twitter account recently topped 10 million followers. **THE ASSOCIATED PRESS**



BELLEVILLE

324 North Front St.
(613) 969-0120

BROCKVILLE

2399 Parkdale Ave.
(613) 345-3161

CORNWALL

Cornwall Square
(613) 936-2083

GLOUCESTER

Gloucester City Centre
1980 Ogilvie Rd., Unit 136
(613) 842-7285

2016 Ogilvie Rd., Unit 6
(613) 746-4545

KANATA

Hazeldean Mall
(613) 271-1153

Kanata Centrum
Shopping Centre
(613) 599-9690

1261 Main St., Unit 12
(613) 836-0976

700 Eagleson Rd.
(613) 592-5098

499 Terry Fox Dr., Unit 65
(613) 595-1760

KINGSTON

Cataraqui Town Centre
(613) 634-9897

Kingston Centre
(613) 546-6043

122 Princess St.
(613) 549-0315

NEPEAN

130 Riocan Ave.
(613) 823-9240

Bayshore Shopping Centre
(613) 726-7665

3777 Strandherd Dr.
(613) 823-6909

ORLEANS

2020 Lanthier Dr., Unit E2
(613) 590-0289

1675 10th Line Rd.
(613) 841-8485

OTTAWA

901 Carling Ave.
(613) 238-7533

104 Bank St.
(613) 230-0202

1465 Merivale Rd.
(613) 224-9222

205 Richmond Rd.
(613) 724-2674

1719 St. Laurent Blvd.
(613) 276-8585

2121 Carling Ave., Unit 87
(613) 798-1946

1200 St. Laurent Blvd.
Unit 248
(613) 746-8546

50 Rideau St., Unit 327C
(613) 232-4800

110 Place D'Orleans Blvd.
Unit 290
(613) 590-2237

2269 Riverside Dr., Unit 44
(613) 737-2071

690 Bank St.
(613) 668-5499

530 Montreal Rd., Unit 526
(613) 745-6800

1379-A Woodroffe Ave.
(613) 225-6007

2515 Bank St., Unit 5
(613) 739-4775

363 Bank St.
(613) 594-4555

PEMBROKE

670 Pembroke St. W
(613) 732-1602

1100 Pembroke St. E,
Unit 210
(613) 732-1602

3435A Petawawa Blvd.
(613) 732-1492

GET MORE FROM YOUR iPhone 5s WITH ROGERS



Apple iPhone 5 [S]

GOLD MODEL NOW IN STOCK. VISIT YOUR LOCAL ROGERS TODAY.

GET DOUBLE OUR DATA* ON SELECT ROGERS PLANS
ON CANADA'S FASTEST LTE NETWORK – **ROGERS LTE¹**

CALL 1 888 ROGERS1

LIVE LIKE NEVER BEFORE™



TM and ©2013 Apple Inc. All rights reserved. *Offer ends Jan. 6/14. Available to new and existing customers with new activation or upgrade on 1 GB or 3 GB Share Everything Plan with a monthly or 2-yr. term. See in-store for full details.
¹ Based on tests comparing download speeds on the Rogers LTE network vs. Bell and Telus' LTE networks within Rogers LTE coverage area. LTE device, LTE SIM required. Actual experienced speeds may vary based on device, topography and environmental conditions, network congestion and other factors. Rogers LTE network available in select Canadian cities. Visit rogers.com/LTE for coverage. TM ©2013 Rogers Communications.

IT'S CHILLY – NOT THE TASTY TYPE

Lo and be cold, it's that time of year again in Canada.

When I watch the morning forecast, some of the temperatures are best measured in Kelvin: "It will be Absolute Zero in Regina, but with the wind chill it will feel like we've passed beyond our understanding of thermodynamics, so bundle up!"

As I walk to work, my palm burns from my morning coffee but the back of my hand freezes from the coffee dripping. (In all things, moderation.)

And at work, I waste my time with YouTube videos illustrating that household pets, if tossed into the frigid air, will disintegrate into snow before they hit the ground.

N-n-n-not to put too f-f-f-fine a point on it, but it's c-c-c-cold.

It's all relative, of course — an Edmontonian accustomed to -25 C might hallucinate in the balmy -8 C of Toronto and imagine oases in the distance, frozen solid and covered in sexy skaters. Yet



HE SAYS
John Mazerolle
metronews.ca

a friend of mine who's moved to Toronto from Vancouver was lost when she was told T.O. gets "twice as cold" as it is now.

"I don't even know what that means," she said, like somebody who'd been told they'll be murdered on Tuesday and again on Thursday.

My point being, it's best we set aside our regional differences and accept that the whole nation is a frigid wasteland — No Country for Cold Men.

Beer commercials to the contrary, most Canadian adults cower inside all winter. And when youth do go outside it results in all matter of deformities: Swollen ears and tongues stuck to metal and faces frozen solid. I once froze up so badly while waiting for a school bus that even when laughing I couldn't smile, leaving all my

classmates in hysterics and providing an early cautionary tale about the dangers of Botox.

With these extreme dangers frozen in our minds, here are seven tips for any extreme-cold emergencies this winter:

1) Your home and car should have an emergency kit that includes: Warm water; Super Inferno Cinnamon Gum; one pack of erotic playing cards; a watch that runs on the cold; marshmallows; a magic hat for snowman sentience creation; plane tickets to some place warmer.

2) When lighting that furniture-fuelled bonfire in your living room, only use clean-burning natural gas.

3) Leaving your car running all winter will make those morning commutes comfy while speeding up global warming.

4) Soak wool in warm water before heading out.

5) To keep your kids warm, put all of them in the same adult-sized snowsuit and have them walk in tandem, imitating a full-sized person. Cartoon capering is also great exercise.

6) Remember to swing open your door every 10 minutes or so to see if it's gotten any warmer outside.

7) Find out what Calgary Mayor Naheed Nenshi's doing. He's got this.

And those are my tips. Careful you don't freeze them right off. A friendly reminder: While I've made light of the chill, hypothermia and frostbite are no laughing matter. Or maybe they are. It's so hard to tell with our faces frozen like this.

ZOOM

War, from a kid's perspective



COURTESY BRIAN MCCARTY

Photographer captures a feeling

This shot of toy missiles heading for a doll's house isn't meant for playtime — it's how a child sees war. The striking image by Hollywood photographer Brian McCarty features in his War-Toys project, which explores how conflict is perceived through the eyes of kids caught up in war and violence across the Middle East. **METRO**

Q and A

Toys make sense of it all



BRIAN MCCARTY
Photographer/artist,
39, based in West
Hollywood, Calif.

What's your project about?
Starting back in 2011, I travelled to Israel and the Palestinian Territories to

explore war from the perspective of children. I visited humanitarian organizations where children were invited to draw pictures about their lives. The resulting illustrations served as the basis for my photographs.

Why did you use toys?
As children, toys became surrogates through which we acted out aspects of the

world around us. Our play allowed us to organically deconstruct what it meant to be human and digest large concepts in smaller bites. War is so dehumanizing and outside normal reality that, even as adults, we need toys to make sense of it. We need the distance provided by these plastic totems to begin seeing the actual horrors without being made numb.

Clickbait



LUKE SIMCOE
Metro Online

The digital equivalent of a rotoscope, animated GIFs are one of the oldest image formats used on the web. Invented in the 1980s, the humble GIF has since become a staple of online culture. Easy to make and even easier to share, they're the perfect platform for everything from humour to art.

Most image-editing programs can make GIFs, but here are a few apps that simplify the process. Happy GIFing! Just don't get me started on how it's pronounced.

GifBoom:

Available on both Android and iOS, GifBoom is considered the Instagram of mobile GIF-making apps. The social features are largely optional, but the built-in GIF-maker is intuitive and lets you do things like add filters or sound.

Cinemagram:

Another cross-platform smartphone app, Cinemagram veers towards creating GIFs out of video footage. The app's appeal lies in its masking function, which allows you to select which parts of a frame are animated.

ImgFlip:

If you want to be old fashioned and make GIFs in your web browser, ImgFlip is one of the more full-featured sites. It lets you build GIFs out of either video or pictures, and includes a decent suite of editing tools.

Twitter

@metropicks asked: The home mailbox will be obsolete as @canadapostcorp ends urban delivery. What's the best way to repurpose a mailbox?

@draxapup: flower pot on every front stoop



@willems_steph: Frozen food delivery receptacle.

@Canucklehead_ca: 1) Print & delete emails. 2) Place in mailbox. 3) Take out & reply (via email) to each. (Will require retyping original email.)

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: ottawaletters@metronews.ca

Moore's®

CLOTHING FOR MEN

WEEKEND DEALS 4 DAYS ONLY!

DEC. 12–DEC. 15

\$199⁹⁹

SELECT DESIGNER SUITS

Alfred Sung 2-Piece,
Andrew Fezza, Guy Laroche,
and Jhane Barnes

Reg. \$495–\$525

50% OFF

SELECT DESIGNER

NON-IRON DRESS SHIRTS

Calvin Klein, Alfred Sung,
and Andrew Fezza

60% OFF

GLOVES, HATS, AND SCARVES

\$169⁹⁹

SPORT COATS & BLAZERS

Includes Lauren, Arnold Brant,
and Andrew Fezza

Reg. \$199.99–\$399.99

50% OFF

SELECT DESIGNER

DRESS PANTS

Calvin Klein, Austin Reed,
and Tallia

60% OFF

NON-IRON SPORT SHIRTS

40% OFF

BOSTONIAN SHOES

Restrictions apply. Additional charge for Big & Tall items. Excludes clearance and Everyday Low Price items. Discount taken off the regular price.

— NOW THROUGH DECEMBER 23 —
BUY 1 GET 1 FREE

Excludes Weekend Deals, shoes, clearance, and Everyday Low Price items. Other restrictions apply. Free item must be of equal or lesser value. See store or website for details.

To find a store near you, visit mooreclothing.com

Oh you prettifying things

The Daly dose. Once a professional beauty herself, Jane Daly's beauty blog focuses on the positive



BACKSTAGE PASS
Jen Traplin
ottawa@metronews.ca

Having modeled in her youth and spent years working in the beauty industry for a major perfume distributor, Jane Daly often found herself the go-to person when friends were looking for advice on beauty products. Three years ago, she launched her blog, Daly Beauty, as a way to make her knowledge more accessible to others.

"I have been a lover of all things beauty-related since I stood on my tip toes and smelled my mother's perfumes on her dresser," Daly says.

"But I also love to help people solve their beauty issues, be it with the right cream, conditioner, serum or finding the perfect perfume. My dream has always been to own a beauty boutique to share my obsession and my blog is like the ultimate boutique."

Shout-out to the readers

"My readers are amazing and they always share their beauty successes with me."

Jane Daly



"Beauty isn't about putting on more make-up. It's about finding what makes us feel beautiful," says Jane Daly, editor and writer of dalybeauty.ca.

COURTESY DALYBEAUTY.CA

One noticeable difference between Daly's site and other beauty blogs is that she doesn't post negative reviews — if there is a product she tries and doesn't like, she simply won't review it.

"I noticed when I was reading blogs that if a product sucks, that's all I need to know. I don't need to read an article on why something doesn't work. What we really want to know is what

does work. I want to read about the awesome things, the products that deliver the goods. So I wanted to be sure that my readers can find what works when they land on Daly Beauty," she explains.

One of the perks of the gig, Daly admits, is getting feedback from people who have fallen in love with some of the products that she has recommended.

"My readers are amazing and they always share their beauty successes with me," she says.

"To give you an example, someone who was having confidence issues due to acne scarring on her face wrote to tell me she had tossed her concealer and was using half the amount of make-up, thanks to a cream I recommended."

Daly has a loyal list of

followers and says her blog now has as many readers from the United States and abroad as it does from Canada.

Daly's site has also been recognized by mainstream publications: Elle Canada lists Daly Beauty as one of the Top 8 Canadian beauty blogs and The Huffington Post Canada has named Daly as one of the 20 must-follow beauty insiders on Twitter.

Moore's
CLOTHING FOR MEN

**WEEKEND
DEALS**
4 DAYS ONLY!

DEC. 12—DEC. 15

To find a store near you, visit mooresclothing.com

Buy 1 get 1 excludes Weekend Deals, shoes, clearance, and Everyday Low Price items. Other restrictions apply. Free item must be of equal or lesser value. See store or website for details.

NOW THROUGH DECEMBER 23

**BUY 1 GET 1
FREE**

visit metronews.ca

metro

**ADMITTING YOU WANT
TO WIN PRIZES &
GET GREAT DISCOUNTS
IS THE FIRST STEP.**

JOIN CLUB METRO TODAY!
CLUBMETRO.COM



Winter flicks to help pass the time inside

Even when the winter chill forces you indoors, there's still a way to enjoy the frosty weather. Plenty of snowy flicks abound to either celebrate the icy romance of an all-white landscape, or bemoan the cold, stark isolation that comes with darker days. On the days you just can't bear the outdoors, trade that blanket of snow for a cosy cover on the couch and settle in with one of these winter-set classics. Here's a look at five snow-bound flicks to keep you toasty by the tube.

THE CANADIAN PRESS



Fargo

Writers-directors Joel and Ethan Coen capture all the beauty and harshness of a frigid winter season with this brutal 1996 crime thriller. It's full of striking images that linger long after the final credits, many of them featuring a barren northern landscape instantly recognizable to most Canadians. Who hasn't had a near-mental breakdown while scraping ice off a frozen windshield? Star William H. Macy is pitch perfect as bumbling car salesman Jerry Lundegaard, who hatches a brazen kidnapping that goes horribly awry.



Into the Wild

The unforgiving elements of winter feature prominently in this 2007 adventure tale about a young wanderer, played by Emile Hirsch, who sets his sights on a solo excursion to Alaska after graduating from university. His foolhardy odyssey takes him across the continent in search of enlightenment and solitude, and he meets a range of friendly eccentrics along the way. But a cold hard truth awaits this idealistic loner, and his anguished journey — based on real events — is hard to shake.



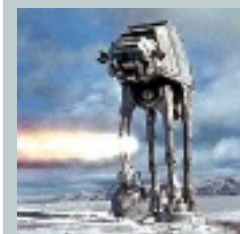
The Shining

Chills abound in this 1980 horror classic about a young family that is hired to look after a creepy old hotel that is shuttered for the slow winter months. Cabin fever predictably sets in for the crazy-eyed dad, played with unforgettable zeal by Jack Nicholson, and that's just when the hotel starts to reveal it may have a cold, dark past. The weirdness mounts as the snow falls, culminating in a memorable blizzard chase scene and one character's icy demise.



Cold Mountain

It's pretty cold up on Cold Mountain, and we're reminded of that constantly in this 2003 period drama about a Civil War soldier, played by Jude Law, who trudges through a harsh landscape to return to his faithful sweetheart Ada, played by Nicole Kidman. This is a good old-fashioned love story also starring Renée Zellweger, where the burning ardour of separated lovers sustain them through a barrage of hardships that continually work to keep them apart.



The Empire Strikes Back

OK, this kid-friendly classic makes the list largely due to that disgusting blizzard scene where Han Solo cuts open the belly of a passed out tauntaun and stuffs a delirious Luke Skywalker inside to keep him from freezing to death. But of course, that's not Han's only brush with deadly cold in this beloved 1980 Star Wars instalment, there's another chilly scene that's spawned all sorts of quirky merchandise including Han-shaped ice cube trays and Han-shaped chocolate bars.

Hollywood

12 Years A Slave tops SAG noms

Steve McQueen's historic saga 12 Years a Slave, Jon Wells' dysfunctional family adaptation August: Osage County, Jean-Marc Vallée's AIDS drama Dallas Buyers Club and the sweeping White House servant tale Lee Daniels' The Butler topped the list of outstanding performances for the 20th annual Screen Actors Guild Awards. 12 Years a Slave scored four nominations, while Osage County and The Butler earned three nominations in Wednesday's announcements. Each of the three films was nominated for overall performance by their casts. Also nominated for best ensemble cast was David O. Russell's 1970s con-artist romp American Hustle.

THE ASSOCIATED PRESS



THE ONLY COOKBOOK YOU'LL NEED THIS HOLIDAY SEASON!

From the bestselling authors of *Jerusalem*

OTTOLENGHI

THE COOKBOOK

YOTAM OTTOLENGHI
SAMI TAMIMI

"This is simply wonderful cooking . . . modern, smart, and thoughtful. I love it."
NIGEL SLATER, author of *Tender and Ripe*

"Beautifully illustrated, the recipes are full of flavour and sophistication. . . . An essential addition to every cookbook collection."
BONNIE STERN, food columnist and author of *Friday Night Dinners*

appetite
by RANDOM HOUSE

AVAILABLE WHEREVER BOOKS AND E-BOOKS ARE SOLD.

www.randomhouse.ca

RandomHouseCA

Facebook.com/RandomHouseofCanada

NBC's halls alive with the sound of potential

A one-hit wonder?
The Sound of Music' was a smash last week, but what will NBC do for a musical encore?

NBC's halls are alive with the sound of sequels. After the triumph of last week's The Sound

of Music Live! NBC understandably is now planning more live musicals.

This is welcome news for anyone who likes seeing a network get off the beaten path. Few observers have failed to cheer NBC for raw ambition in presenting a live musical more than a half-century after the previous one aired. Attaboys even came from the loudest critics of the broadcast and

its leading lady, Carrie Underwood, who played Maria.

"I think we can do this again — and again and again," NBC Entertainment Chairman Robert Greenblatt told The New York Times this week, while allowing, "There may be a little bit of a phenomenon to the first one of these. Who knows what happens Year 2, 3 or 4?"

Who indeed? Can the interest, excitement and nearly

19 million viewers scored by The Sound of Music Live! be matched a year from now by another such TV event? Or was this live show a one-note wonder? The answer might lie in determining why so many viewers tuned in.

Was it Carrie Underwood who served as the big draw?

Was the main attraction The Sound of Music itself, a Rodgers and Hammerstein classic that,

largely thanks to its 1965 film version, is one of the most recognized and popular family entertainments in the world?

Or did the audience simply rally to the anything-could-happen unpredictability of live TV, something no viewer had experienced with a musical since Eisenhower was president?

Odds are, all three reasons help explain why The Sound of Music Live! made such a splash. But a year from now, can NBC's follow-up strike a similar chord? What manner of star could equal Underwood's drawing power? And, maybe most important of all, is there any other musical that could grab the attention The Sound of Music automatically claims?

Although NBC isn't saying which musicals may be under consideration, it's easy enough to play a guessing game.

Maybe Peter Pan or The Music Man (though both have been revived as filmed TV productions). Perhaps mega-star Hugh Jackman could reprise his triumphant performance in a TV revival of Rodgers and Hammerstein's Oklahoma!

What about Mame with Cher? Bette Midler in Hello Dolly? Reba McEntire in The

Unsinkable Molly Brown?

But do any of these projects come close to The Sound of Music Live? In short, is there another filmed musical everyone has seen and has such deep feelings for? Of course. It's time for NBC's star-studded staging of The Wizard of Oz Live!

Sign Lea Michele of Glee to play Dorothy, Meryl Streep as the Good Witch, Anne Hathaway as the Wicked Witch. Tina Fey as the Wizard. Neil Patrick Harris as the Scarecrow. Alan Cumming as the Tin Man. Will Ferrell as the Cowardly Lion.

The Wizard of Oz, with Judy Garland as Dorothy, reigns as a piece of pop culture that viewers would be thrilled or outraged — but most important, compelled — to see restaged for live TV. They would watch with bated breath for technical screw-ups (beware that flying house and melting witch!). They would scorch the Twitterverse with comments, flattering and snarky.

Before, during and after it aired, this show and its songs would be on everyone's lips. A year from now, the yellow brick road could prove to be a straight shot to Must-See TV.

THE ASSOCIATED PRESS

THE METRO NEWS JUST FOR LAUGHS DEBRA DIGIOVANNI CONTEST

DEBRA DIGIOVANNI *The Late Bloomer Tour*

YOU COULD WIN FRONT ROW TICKETS AND A TORONTO GETAWAY FOR TWO!

GO TO WWW.CLUBMETRO.COM TO ENTER TODAY!

1
Win a pair of front row tickets to Debra DiGiovanni's The Late Bloomer Tour at the National Arts Centre on January 18!

2
GRAND PRIZE:
A three-night getaway for two to Toronto, Ontario, including return first-class tickets to Toronto on VIA Rail Canada, a three-night stay at the Pantages Hotel Toronto Centre and a spa day at Pantages Shizen Spa!

JANUARY 18 • 7 PM
National Arts Centre - NAC Theatre
NAC box office and all Ticketmaster outlets
1-888-991-2787
ticketmaster.ca

Just for laughs Live

HAHAHA.COM/DEBRADIGIOVANNI

Contest closes December 23, 2013 at noon. Open to Canadian residents, excluding Quebec, 18 years or older. No purchase necessary. Odds of winning depend on the number of eligible entries. Go to www.clubmetro.com to enter and fill out entry form, including skill-testing question. There is one (1) Grand Prize of a trip for two to Toronto, which includes return first-class tickets to Toronto (Business class in the Québec City-Windsor Corridor, or Sleeper or Sleeper Plus class on long-haul trains) for two (2) people, on VIA Rail Canada, three nights of hotel accommodation at the Pantages Hotel Toronto Centre and a spa day at Pantages Shizen Spa, valued at approximately \$3,000 CAD (based upon departure from Halifax, actual value may vary depending upon time and year of departure).

Media partner
comedy **VIA Rail Canada** **PANTAGES HOTEL • SPA** **SHIZEN SKYLINE SPA**



Carrie Underwood, right as Maria, in The Sound of Music Live! AP PHOTO

Following their movie

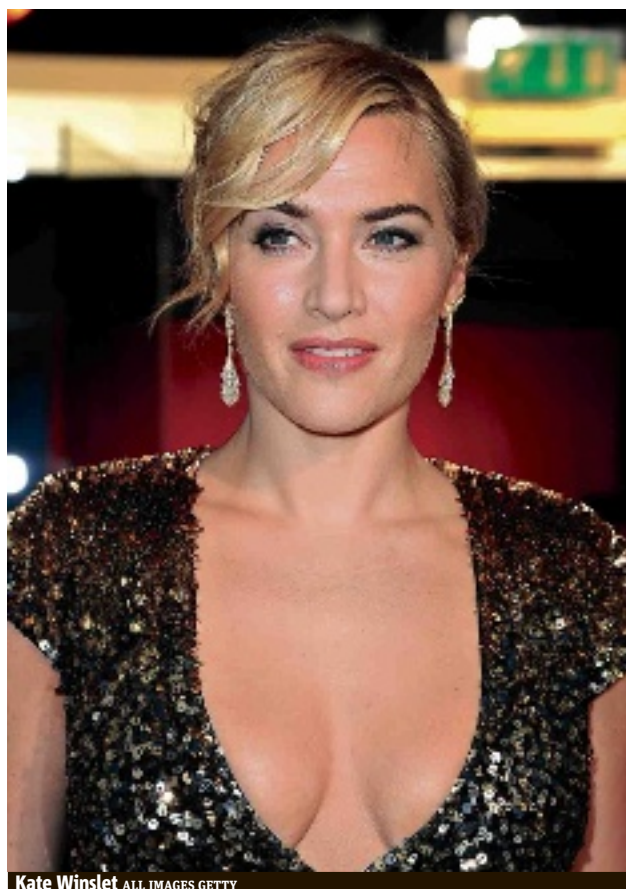
One Direction reality show may well be ... a reality

One Direction are probably getting their own reality show. Cue the shrieks of teen girls, weird middle-aged women and some teen boys everywhere. The insanely popular British boy band (the rabid tween girl fan frenzy they inspire has not been seen since

boy band dinosaurs Backstreet Boys et al roamed the earth) already made a movie — This Is Us — so a reality show is the natural next step (There is nothing natural about reality shows).

Details about the yet-to-be-confirmed new show are still in the works, according to UK rag The Daily Star, but you can bet that, if the price is right, this thing will happen.

ALEXANDRA CAVALLO, MWN IN NYC



Kate Winslet ALL IMAGES GETTY

It's only baby Rocknroll but mommy Kate likes him, likes him, yes she does

Kate Winslet is a new mom once again. The Oscar winner gave birth to a son, her first kid with new husband Ned Rocknroll, Saturday in the U.K., her rep confirms to People magazine. "Baby and mother are doing great," her rep says,

though more information about the boy — including his name — wasn't disclosed. Winslet also has a daughter, Mia, from her marriage to Jim Threapleton and a son, Joe, with second husband Sam Mendes.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Streisand acts as catalyst for amicable Lane and Brolin split

Diane Lane orchestrated a fairly smooth split from ex-husband Josh Brolin thanks reportedly in large part to an unlikely ally: Brolin's stepmother, Barbra Streisand. "She made it clear she would help Diane get everything she needed in her split from her own husband's son," a source tells Radar Online. "Barbra made it

clear the divorce needed to go smoothly for the sake of the kids." Things went so smoothly, in fact, that Brolin reportedly turned down an offer to play Batman in the upcoming Man of Steel sequel because Lane will be reprising her role as Clark Kent's mother. "He didn't want to make Diane uncomfortable," the source says. "They're really going to be fine as a divorced couple. Josh admits he's too much of a 'bad boy' to be married to one woman, and Diane and Barbra and even his father James Brolin agree completely."

Twitter



@ElizabethHurley
Pea souper in London today.



@josswhedon
Movies teach us that a man with daddy issues is a HERO and a man with mommy issues is a sexually dysfunctional serial killer.



@TomArnold
I've officially lost 80 pounds. Now even my gay friends are complimenting me.



Demi Moore

Broken-hearted Moore ringing in the changes

Now that her divorce from Ashton Kutcher is finalized, Demi Moore is reportedly rushing to erase anything that reminds her of him

from her life — including the engagement ring he got her, which she quietly sold recently, according to Star magazine. "Ashton broke her heart," a source says. "Anything that reminds her of him makes her sad, and she wants to be happy." Moore sold the five-carat, emerald-cut anonymously on consignment for \$250,000, the source claims.

Get
18,500
SHOPPERS OPTIMUM
BONUS POINTS®
WHEN YOU SPEND \$100 OR
MORE ON ALMOST ANYTHING
IN THE STORE.*

SATURDAY, DECEMBER 14
& SUNDAY, DECEMBER 15

THAT'S A
\$25
SAVINGS
VALUE!



FREE
feels good™



**SHOPPERS
DRUG MART**

*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Maximum 18,500 points per offer regardless of total dollar value of transaction. Excludes prescription purchases, products that contain codeine, non-pointable items, tobacco products (where applicable), lottery tickets, stamps, transit tickets and passes, event tickets, gift cards, prepaid card products and Shoppers Home Healthcare® locations. Offer applies to photofinishing services that are picked up and paid for on the day of the offer only. Not to be used in conjunction with any other points promotions or offers. See cashier for details. Shoppers Optimum Points® and Shoppers Optimum Bonus Points® have no cash value but are redeemable under the Shoppers Optimum and Shoppers Optimum Plus programs for discounts on purchases at Shoppers Drug Mart. The savings value of the points set out in this offer is calculated based on the Shoppers Optimum Program® rewards schedule in effect at time of this offer and is strictly for use of this limited time promotion. The savings value obtained by redeeming Shoppers Optimum Points will vary depending on the Shoppers Optimum Program reward schedule at time of redemption and other factors, details of which may be found at shoppersdrugmart.ca. © 911979 Alberta Ltd.

Trends Report

Joseph Nogucci is an up-and-coming Canadian fashion accessories brand built by Toronto architecture and engineering students, Mario Christian and Luca Daniel. Go online to Trends Report to read about how the duo transformed sketches that were meant for buildings into designs for bracelets and beads.

Follow Irene on twitter @MetrolreneK or Instagram: kuanirene

www.metronews.ca/voices/trends-report



The year in colour

Orchid is growing on us

Radiant Orchid, a version of the purple hue is Pantone Inc.'s colour of the year for 2014. It follows this year's pick of emerald green.

Officially known as Radiant Orchid, the tropical shade is a colour-wheel contrast to green, said Leatrice Eiseman, executive director of the Pantone Color Institute. "It's a little different, it's a little off the beaten path, and it's not a primary colour," she explains. "It's an invitation to innovation." **THE ASSOCIATED PRESS**



Alice Smith doesn't 'speak makeup'

Natural woman.

The soul singer loves her beauty products — she just doesn't always like wearing them. She tells us about her Ramona Quimby hair and her trick to never waking up with dry skin (hint: it rhymes with sheep).

ROMINA
McGUINNESS
Metro World News

Alice Smith's deep lyrical voice is so soothing it could almost put you to sleep. Luckily, the one-time Grammy-nominee won't take offence if you do. Why? Because she believes that sleep is nature's way of helping you look pretty and fresh faced.

"Eye bags are a sign that you either need to take a break or go to sleep. So if I'm working late one night, I just make sure I drink a lot of water and go straight to bed. That's it," she explains from her home in Brooklyn. And for those rare moments when shut-eye isn't enough? "In that case I'll use a little bit of MAC Studio Finish Concealer," she adds.



Alice Smith's second album *She* was released in March. ALEX ELENA

Letting her skin make its own oil

"I wash my face with Sothys Cleansing Cream twice a day, and in the morning I follow up with their Hydravance Light Hydrating Cream. I don't put anything on at night because that's when your skin is busy working and making oil. You just have to make sure you use really good stuff. So far, I've never woken up with dry skin. I also see my facialist, Mamie McDonald, about once every six

weeks and she just does what she needs to do. I always leave with a really clean face!"

Not needing foundation — ever

"I love makeup, but I don't speak makeup. I don't wear a lot of it because it's not good for your complexion. But if I feel a little washed out, I'll do my eyebrows up a little and put some mascara on. But I never wear foundation — ever. Definitely not when I'm on stage. I want to be able to touch my face and it's not like

I'm a big sweater, but I might sweat. So I just don't see the point. When I'm performing, I stick to brows, lashes and lips. I love a burnt sienna lipstick but you have to be really feeling it to pull such a bold colour off. And I always carry a tin of Burt's Bees Beeswax Lip Balm with me."

Her 'Ramona Quimby' hair

"I used to dye my hair in college and it was like orange! I

don't think it was meant to be that colour...but I liked it. I had a fringe and a short bob, which made me look like Ramona Quimby! I'd love to dye my hair again but I think I'm just afraid of how it would turn out."

Her new album *She* and making it through the music industry unscathed

"It feels like a lifetime ago that I released my first album but I've always had a lot of support. My family and my friends have always been there for me. I'm not any different. I think I'm just older. I have a three-year-old daughter now, and she's made me re-evaluate and re-examine who I am and who I need to be. For me it's about what kind of person I'm trying to encourage her to be — how to be successful, how to care for herself. And because the only way to teach things is to show, I need to be able to show her how to do all that."

Her beauty icons

"I love Sade...I've always thought she was so beautiful."

Alice lets us take a peek inside her makeup bag

L'Oréal Voluminous Mascara

"I love this because it doesn't come off or flake up. You're not going to have any mascara sitting under your lashes."



Stila Stay All Day Waterproof Liquid Eye Liner

"I'm always on the road and they sell this at Sephora, meaning I can always get my hands on one when I run out."



MAC Cosmetics Mineralize Skinfinish Natural Powder

"I use this as a highlighter. I like the fact it blends in really nicely and doesn't make my face shine."



NARS Cosmetics Velvet Matte Lip Pencil in Dragon Girl

"I love the fact I can use this to colour my entire lip in one go."



Mac Eye Brows in spiked

"This is perfect for when you want to add depth to your brows."



Joy to the world, the kitsch has come!

The bold and the brassy. From ugly Christmas sweaters to designer wear, 'tis the season for the extravagant

It's time to carve out some extra space next to those ugly Christmas sweaters as an ever-growing slate of festive apparel and accessories celebrate kitsch as cool.

From gaudy glasses shaped like Christmas trees and menorahs to colourfully garish ties, many holiday revellers continue to seek out and snap up out-there offerings.

"I remember having teachers in school who would come dressed in their finest Christmas sweaters. And now, another generation has adopted those same sweaters, but in a tongue-in-cheek way," said Tyler Schwartz, co-founder of RetroFestive.

"It's just grown into a life of its own when people are trying to outdo each other with the craziest sweater. It's almost like Halloween meets Christmas in the sense that these parties are becoming dress-up parties when we go all out," he added.

"And it's gone beyond sweaters. We've got crazy hats... and glasses. And so



Value Village is often a haven for the hilarious and hideous of holiday wear.
HANDOUT / VALUE VILLAGE / THE CANADIAN PRESS

War of the wearables

"It's just grown into a life of its own when people are trying to outdo each other with the craziest sweater."

Tyler Schwartz
Co-founder of RetroFestive

the more outlandish and outrageous you can dress, the better."

Value Village store manager Christine Riddell said there's been an increasing demand year after year for the ugly sweaters in particular — so much so that when the holi-

days are over, they immediately start collecting them again for next season.

And it's not just limited to knits: Riddell said any garments adorned with sparkles, sequins, flashy colours, weird patterns and scenic embroidery are coveted. Individuals can also get crafty by customizing their own ugly sweater with bells, ornaments, tinsel or garland fastened on by using a hot glue gun or safety pins, she noted.

"I think thrift shopping has gained momentum over the last several years, so this could be part of it," Riddell said of the phenomenon. "But I just think as it gets more visibility

and people are talking about it more, people are just seeing how fun and silly it is...And it doesn't cost much.

"It just instantly adds an element of lightness to the party and fun right away without doing or saying anything," she added.

Flare fashion director Tiwana Grulovic said she believes the enduring presence of ugly sweaters and the like is partly nostalgia, partly irony, "It's also turning the perceived tackiness on its head. You inject it with a little bit of humour."

What's more, some notable names in fashion are also offering a quirky yet refined approach to festive style - and steeper prices to boot.

A prime example is the Christmas collection from luxury accessories designer Charlotte Olympia, which includes a suede pouch shaped like a Christmas pudding, a gingerbread lady clutch and heels with a detachable ankle strap adorned with gold bells. Items in the line retail from around \$500 and up.

"I think the fact that you're getting these things at a very aspirational price point speaks a lot to the trend, because it's not that expected tacky kitsch that we've seen in the past. It's getting a bit more elevated," said Grulovic.

THE CANADIAN PRESS

Canadian street style

Spotted in: Toronto

Name: Vanessa

Age: 25

Sales rep

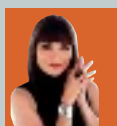
What she's wearing Super sun-glasses, American Apparel scarf and riding pants, Zara coat, F as in Frank sweatshirt and Jeffrey Campbell boots.

Her inspiration "The Internet. Specifically Tumblr. I just look at things other people post and pick and choose what to put my own spin on."

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM — AND A WEEKLY NEWSPAPER SECTION TOO!



Twitter



JEANNE SPACE
Jeanne Beker
life@metronews.ca

TWITTER HAS BECOME A COOL AND SUCCINCT WAY OF COMMUNICATING. IT ALLOWS ME TO BE ACCESSIBLE, INSTANTLY SPEAK MY MIND AND CONNECTS ME WITH ALL KINDS OF PEOPLE. WHETHER IT'S A FASHION QUESTION OR YOU JUST WANT TO COMMENT ON LIFE'S BIGGER PICTURE, I'D LOVE TO HEAR FROM YOU.



What a spread! All our precious old decorations, just waiting for their big moment...



Talk about texture! Nabil Nahas acrylic on canvas.... WHAT a great print this would make!!!

BAYSHORE FASHION FILE

BAYSHORE SHOPPING CENTRE ANSWERS YOUR FASHION & BEAUTY QUESTIONS.

Q: AFTER THE HOLIDAYS ARE OVER, MY HUSBAND & I ARE PLANNING A TRIP DOWN SOUTH. I HATE TRYING TO FIND NEW SWIMWEAR & CASUAL CLOTHES FOR HOT WEATHER THIS TIME OF YEAR. ANY TIPS? - A.L.

A: Bring on the sun! This season's top looks for bathing suits can be broken down into 3 categories: Vintage Inspired, Digital Prints, and Grecian Goddess. For the vintage look, try tops with a sweetheart neckline, and high-waisted bottoms in gingham or floral prints. Digital prints have no real rules. Try them in abstracts, animal prints or even cityscapes! You can never go wrong when channeling your inner Greek goddess. Draping and gathering works for every figure type! All of these looks can be found at Bikini Village!

Q: WE'RE GOING TO A SWANKY NEW YEAR'S EVE PARTY - MY GUY IS WEARING A TUX, BUT I DON'T KNOW WHETHER I SHOULD WEAR BLACK TOO, OR IS IT BETTER TO GO WITH SOMETHING MORE COLOURFUL? - L.D.

A: The little black dress has always been a staple in every woman's wardrobe. Simple and stylish, you certainly can't go wrong with classic - that being said, there is no reason to blend into the crowd! White and silver are two beautiful and chic alternatives to the little black dress. Try something with a tone on tone pattern or a shimmery texture - you'll be the star of the evening! Zara has some stunning options in black, white and everything in between!

Q: I'M A SIZE 16, AND I HAVE A REALLY HARD TIME FINDING CLOTHES THAT LOOK GOOD. I WORK IN AN OFFICE IN OTTAWA - CAN YOU HELP ME FIND SOME NICE CLOTHES TO START THE NEW YEAR OFF RIGHT? - F.S.

A: Dressing for your body type is key in creating a flawless silhouette. Many top stylists will suggest you photograph yourself in different looks, before making your wardrobe decision. This seems to work better and give a more "honest" impression than a full-length mirror. Another option, budget permitting, is to work with a stylist. Find a professional, whose style you admire, and work with him or her in creating a few looks that work for you!

ANGIE RUSSELL | MARKETING DIRECTOR, BAYSHORE

HAVE A STYLE QUESTION? WRITE TO ANGIE!
YOU COULD WIN A \$100 BAYSHORE GIFT CARD!

BAYSHOREFASHIONFILE@METRONEWS.CA

NEW RETAILERS NOW OPEN!

H&M VICTORIA'S SECRET PINK ZARA
michael hill BEN MOSS PANDORA STORE Brown

WWW.BAYSHORESHOPPINGCENTRE.COM

f Bayshore Shopping Centre @bayshoreottawa

Critters all through the house

Pawed, clawed, tailed, scaled, beaked, snouted, winged and web-footed: Animals are a delight at any time of year, but what better season than Christmas to have a merry menagerie about? Add creatures big and small to your holiday decor scheme, or give a gilded beast as a gift. This year, it's a snap to source your choice of fauna in two favourite finishes, white or gold.



**DESIGN
CENTRE**
Karl Lohnes
home@metronews.ca



Create wintery-wild drinks with this Polar Bear Cocktail Shaker, \$92, potterybarn.com.

From the designer's debut collection of animal curiosities, Kate Spade New York's Woodland Park Cat/Dog Salt & Pepper Set, \$30, thebay.com.



Ommm... with the right pose and a trendy gold finish, I get a good vibe from this guy. Yoga Frog, \$40, pier1.com.



Adorable and shiny, this bear keeps your coins safe. Sleeping Bear Bank, \$18 US, urbanoutfitters.com.



Who wants light? Owl Glow Lamp, \$39, urbanbarn.com.

Add some fine swine style to your bookcases. Gold Pig Bookends, \$35, cb2.com.



Holiday Appliance Specials

DECEMBER 10 – DECEMBER 24 MORE GREAT DEALS IN-STORE!

SAVE \$700
ON THIS 3 PIECE SUITE

FRIDGE: \$1899⁹⁹
WAS: \$2099⁹⁹
STOVE: \$1199⁹⁹
WAS: \$1499⁹⁹
DW: \$699⁹⁹
WAS: \$899⁹⁹



BOTTOM-MOUNT REFRIGERATOR (KBFS22EWS) • 21.9 Cu. Ft. Capacity • FreshChill™ temperature management system • FreshSeal™ Humidity-controlled crisper SLIDE-IN ELECTRIC RANGE (YKERS202BSS) • 6.2 Cu. Ft. Capacity • EasyConvect™ Conversion • AquaLift™ Self-Clean Technology FULL CONSOLE DISHWASHER (KUDC10FXSS) • 4 Wash Cycles • ProScrub Option • Light/China Cycle

KitchenAid
FOR THE WAY IT'S MADE®

WAS: \$1699⁹⁹ /pair
NOW: \$1599/pair



FRONT-LOAD WASHER (WFW70HEBW) • 4.7 Cu. Ft. Capacity • Adaptive Clean Wash • Precision Dispense DRYER (YWED70HEBW) • 7.4 Cu. Ft. Capacity • Advanced Moisture Sensing • Wrinkle Shield™ option

Whirlpool

SAVE \$1200
ON THIS 3 PIECE SUITE

FRIDGE: \$2699⁹⁹
WAS: \$2999⁹⁹
STOVE: \$1699⁹⁹
WAS: \$2199⁹⁹
DW: \$899⁹⁹
WAS: \$1299⁹⁹



FRENCH-DOOR REFRIGERATOR (KFXS25RYMS) • 25.0 Cu. Ft. Capacity • Adjustable Glass Shelves with Spill Shield • ClearVue™ LED Lighting SLIDE-IN ELECTRIC RANGE (YKLES907SS) • 4.1 Cu. Ft. Capacity • Self-Cleaning • True Convection Oven FULLY INTEGRATED DISHWASHER (KUDS30FXSS) • 4 Cycles • ProScrub Option • NSF Certified Sani-Rinse

KitchenAid
FOR THE WAY IT'S MADE®

WAS: \$2499⁹⁹ /pair
NOW: \$1999/pair



FRONT-LOAD WASHER (WFW88HEAC) • 5.0 Cu. Ft. Capacity • Steam-Enhanced Cycles • Precision Dispense DRYER (YWED88HEAC) • 7.4 Cu. Ft. Capacity • Advanced Moisture Sensing • Quick Refresh Steam Cycle

Whirlpool

BUY WITH CONFIDENCE



TRIPLE A RATED
FROM THE BETTER
BUSINESS RATING



CONSUMER
CHOICE AWARD WINNER
2011-2013



PROUDLY SUPPORTED BY
CANADIAN MADE
100% CERTIFIED



100% SATISFACTION
GUARANTEE
PRICE GUARANTEE



FAMILY OWNED
IN ORLÉANS
SINCE 1975



PEOPLE'S SUPPORTER
BY 1800
COMMUNITY CHOICE AWARD

prestige
HOME FURNISHINGS & APPLIANCE GALLERY

1344 Youville Drive, Orléans
613.824.3300
www.prestigefurniture.com
Like us! [f](#) /prestigeorleans



Hours of operation: Monday- Friday 10am - 9pm || Saturday 10am - 6pm || Sunday 11am - 5pm

See sales associate for complete details.

metro

HOLIDAY FUN

Thursday, December 12, 2013

Winter can be snow much fun

JASON
MENARD
For Metro

Keep kids busy during the holidays with some of the following activities.

Skating: Most cities have one or more public outdoor rinks. There is nothing like the experience of skating outside and it's a great way to spend some quality time with your children. If the weather isn't co-operating, most rinks also offer public skating opportunities.

Snow fort/snowball fights: If the snow is the right type and there's enough of it,

why not head out to the park or your backyard and introduce your kids to the joys of building (and defending) a snow fort. And if you get too tired, feel free to lie down and make snow angels.

Tobogganing: Whether you prefer the traditional wooden sleds, have invested in one of those high-tech versions, or are willing to throw caution to the wind with those crazy carpets, all you need to do is head off to the nearest hill and throw yourself down it.

Winter sports: We often think about hockey, but there are many other winter sports



Tobogganing can be a fun family bonding experience during the holidays. CATHERINE YEULET/ISTOCK/THINKSTOCK

you may want to attend as a spectator. From basketball to roller derby, there is usually a game somewhere.

Make a bird feeder: You can buy one at the store or

make one out of a pine cone. But however you do it, those hungry birds will appreciate it.

Attend a winter carnival: Most communities have

some sort of event during the winter. Get together with neighbours, take the kids, and make an annual event of it.

But no matter what you

do, don't forget to spend a few minutes afterwards recapping the event and spending some quality time with your kid or kids bonding over a cup of hot chocolate.



Pepto-Bismol Chewables To-Go.



The Power of
PEPTO
now in your pocket.

Relief of heartburn, indigestion, nausea, upset stomach and diarrhea. To make sure this product is right for you, always read and follow indications.

© Procter & Gamble, Inc., 2013 PHC-12284



Walking through a snowy park can be romantic. ALIAKSEI SMALENSKI/COLOURBOX



Enjoy a casual skate during the holidays. MARIDAV/SHUTTERSTOCK



Skiing, downhill or cross-country, is just one way to get outside and take advantage of winter activities during the holiday season. COLOURBOX

Warm up to these activities

JASON
MENARD
For Metro

The weather outside may, at times, be frightful, but that doesn't mean you can't make the most of the winter season. Whether you are with that special someone or a group of old friends, there are plenty of opportunities to enjoy the winter weather.

So, without further ado, here are a few fun activities designed to help adults make the most out of the winter weather.

A walk through the park: There is something about the magic of lightly falling snow at night reflected in the lights alongside a park path.

Skating: Most cities have wonderful outdoor skating facilities if you are just looking for a casual skate with that special someone. And if you want to get a crew together, you can rent an hour or two

of ice at the local rink and engage in a game of shinny.

Skiing: Cross-country or downhill, Canadians have learned to conquer the snow by strapping on thin planks to their feet and going really, really fast.

Help out at a charity: The holiday season, in particular, represents a great time for people to give back. Whether it's helping out at a food bank for a new year's resolution, or sharing Christmas at a soup kitchen, your generosity can truly make it a winter wonderland for many people in need.

Decorate your home: As long as you don't go all Griswold, decorating your home with lights is a gift that gives to everyone in your neighbourhood.

Go ice fishing: If the ice

is thick enough in your neck of the woods, ice fishing is a surprisingly popular and relaxing activity.

Help a neighbour shovel their walk: It may not seem fun, but the satisfaction of helping an elderly neighbour out sure feels good.

Enjoy some mulled wine or apple cider: Or if hot chocolate is your drink, that's OK, too. And, as an adult, no one will mind if you decide to make that beverage a little more "festive" as you enjoy your holiday cheer.

Sure, you can curse the winter and spend a few months in a self-imposed cocoon, but with so many amazing winter opportunities out there, you owe it to yourself to see why cold-weather activities can really warm you up.



Frogs

CANADIAN MUSEUM OF NATURE

A CHORUS OF COLOURS

Sept. 25 2013 - May 11 2014

There are frogs that hop, climb, run, swim — and even glide. One's as large as a toaster. They're all LIVE and waiting for you.

FACE TO FACE, YOU'LL BE AMAZED!

canadian museum of nature
nature
musée canadien de la nature

240 rue McLeod Street, Ottawa
613-566-4700
nature.ca

Media partner:
THE GLOBE AND MAIL*

FROGS - A CHORUS OF COLOURS was created by
Peeling Productions at Clyde Peeling's Reptiland.

Canada

Take it back to historic foodie basics

"Today, mackerons (now spelled macaroons) are a meringue made with coconut, but until the mid-19th century they contained finely chopped or pounded sweet almonds," notes *Setting A Fine Table*. "Recipes for mackerons appeared frequently in 17th- and 18th-century cookery books, with varying ratios of sugar to egg whites. Mackerons were served with wines and liqueurs, or were crushed and layered in trifles or with syllabubs and creams.

"Orange blossom water and rosewater, both made by steeping the flower blossoms in brandy or distilled water, were characteristic flavourings for this biscuit (cookie).

"Musk, another popular flavouring, is an aromatic substance produced by the male musk-deer. It is still an important ingredient in perfumery, but is no longer considered edible.

"By the mid-19th century, vanilla had displaced these flavourings."

Historic recipe

1. Take a pound of almonds, let them be scalded, blanched, and

Modern Ingredients

- 3 cups (750 ml) whole blanched almonds
- 4 medium egg whites (1/2 cup/125 ml)
- 2 tsp (10 ml) orange flower water
- 2 cups (500 ml) superfine granulated sugar

thrown into cold water, then dry them in a cloth, and pound them in a mortar; moisten them with orange-flower water, or with the white of an egg, lest they turn to oil; afterwards, take an equal quantity of fine powder sugar, with three or four whites of eggs, and a little musk, beat all well together, and shape them on wafer-paper, with a spoon round; bake them in a gentle oven on tin plates. **THE ART OF COOKERY MADE PLAIN AND EASY (HANNAH GLASSE, 1796)**

Modern Equivalent

1. Line 2 rimless baking sheets with parchment paper.

2. In a food processor, chop the almonds, scraping down the sides of the bowl from time to time, until they are the consistency of very coarse sand with some slightly larger pieces. Set aside.

3. In a separate large bowl, beat the egg whites with the orange flower water until soft peaks form. Add the sugar about 2 tbsp (30 ml) at a time, beating until stiff peaks form. Sprinkle the chopped almonds over the egg white mixture and fold in to distribute evenly.

4. Drop by rounded teaspoons (6 ml) about 1 inch (2.5 cm) apart onto the prepared baking sheets. Bake in the centre of a 325 F (160 C) oven until they are dry to the touch, but still white, and lift easily off the parchment paper, about 12 to 15 minutes.

5. Let cool on the pans on a rack.

RECIPES EXCERPTED FROM SETTING A FINE TABLE: HISTORICAL DESSERTS AND DRINKS FROM THE OFFICERS' KITCHENS AT FORT YORK" (WHITECAP BOOKS) EDITED BY ELIZABETH BAIRD AND BRIDGET WRANICH

Mackerons



This recipe makes 80 mackerons. ALL IMAGES: PAT CROCKER, FROM SETTING A FINE TABLE: HISTORICAL DESSERTS AND DRINKS FROM THE OFFICERS' KITCHENS AT FORT YORK (WHITECAP BOOKS)

Cookbook of the Week

Travel back in time to update classics



Toronto's Fort York is seeped in history but often overlooked is the food element of the times.

Edited by Elizabeth Baird and Bridget Wranich, *Setting a Fine Table* is a selection of recipes from Fort York.

The dishes, from the officers' kitchen in the Fort, take readers back to a time when food was not only made locally, but found locally — off the land. The 30 recipes include the original, historic recipe as well as its modern equivalent.

METRO

Derby or short cakes — two names, one distinct flavour

"Derby (pronounced DAR-bee) is a small city in the East Midlands, England. Derby cakes (or short cakes) are one of many examples of regional griddle cakes found throughout the British Isles. Since the Middle Ages, bakers have used the term 'short' to mean a dough with a high ratio of fat to flour so that the resulting baked cakes are crumbly and tender," notes *A Fine Table*.

Historic recipe

1. Rub one pound of butter into two pounds of sifted flour, put one pound of currants, one pound of sugar, mix all together with half a pint of milk, one

Modern Ingredients

- 1 cup (250 ml) currants
- 3 1/2 cups (875 ml) all-purpose flour
- 1 tsp (5 ml) baking soda
- 1 cup (250 ml) unsalted butter, cubed
- 1 cup (250 ml) granulated sugar
- 1 medium egg yolk
- 1/2 cup (125 ml) whole milk



This recipe makes 45 cakes.

egg, two teaspoonfuls of pearl-ash, roll it out thin; cut it in round cakes and bake them. **FROM THE COOK NOT MAD; OR, RATIONAL COOKERY (ANONYMOUS, 1831)**

Modern Equivalent

1. Soak the currants in hot water for 5 minutes. Drain and spread out to dry on a towel-

lined tray, about 15 minutes.

2. In a large bowl, whisk together the flour and baking soda. Using a pastry blender or your fingertips, work the butter into the dry ingredients until the mixture resembles fresh breadcrumbs. Mix in the sugar and the currants.

3. Whisk together the egg yolk and milk. Make a well in the centre of the dry ingredients and pour in the milk mixture. With a fork, combine all the ingredients to make a soft, but not sticky, dough. Dust your hands with flour if necessary to handle the dough easily. Divide the dough in half. Place a bowl over one half of the dough while you are working with the other.

4. On a well-floured work surface, roll out the dough, one half at a time, to a scant 1/4-inch (6 mm) thickness. Use a 2 1/2-inch (6 cm) cutter to cut out rounds, dipping the cutter into flour if necessary to prevent sticking. Reroll the scraps to make more rounds.

5. Bake on a griddle or cast iron skillet over medium-low to medium heat until golden on the bottom, about 5 minutes. Bake on the second side until golden and the cakes are cooked through, about 4 minutes. Keep the heat moderate or the outside of the Derby Cakes will darken or burn before the insides are cooked.

Fresh Strawberry Water

"A 'pottle' is a small cone-shaped basket used to hold strawberries and other soft fruit," notes *Setting A Fine Table*. "The wild strawberries gathered around York were as flavourful as cultivated berries from the Old World. Elizabeth Simcoe wrote in her diary on June 27, 1792, 'An Irish Captain gave us a basket of wild strawberries, which were as large and well flavoured as the best scarlet strawberries in gardens in England.'"

Historic recipe

1. Take one pottle of strawberries and pick stalks from them; pass them through a sieve with your wooden spoon; and put in two large spoonfuls of powdered sugar; squeeze one lemon, and let the rest be water; make it palatable, pass it through a sieve and it is fit for use. **FROM THE COMPLETE CONFECTIONER; OR THE WHOLE ART OF CONFECTIONERY (FREDERICK NUTT, 1789)**

Modern Equivalent

1. Rinse and hull the berries. Either whirl them in a food processor until you have a smooth purée, or crush them with a potato masher. Press the purée through a sieve into a large bowl.

2. Add the sugar and lemon juice and then the water, and stir until the sugar dissolves.



Modern Ingredients

- 4 cups (1 L) strawberries
- 1/3 cup (80 ml) superfine granulated sugar
- Juice of 1 lemon
- 2 cups (500 ml) cold water

NHL

Senators' Cowen given 2-game ban

The NHL has suspended Senators defenceman Jared Cowen two games for a head shot on Zemgus Girgensons of the Sabres.

Cowen struck Girgensons in the head late in the third period of Ottawa's game in Buffalo on Tuesday night. No penalty was called on the play.

Girgensons was not injured and later scored the shootout winner for the Sabres. **THE CANADIAN PRESS**

MLB

Hits no longer welcome at home

Major League Baseball plans to eliminate home-plate collisions.

New York Mets general manager Sandy Alderson, chairman of the rules committee, made the announcement Wednesday at the winter meetings. He said player health and increased awareness of concussions were behind the decision.

THE ASSOCIATED PRESS

MLB

Davis goes from Jays to Tigers

Outfielder Rajai Davis and the Detroit Tigers have agreed to terms on a two-year contract worth \$9-10 million US.

The Tigers announced the deal Wednesday.

The 33-year-old Davis spent the last three seasons with Toronto and hit .260 this year with six homers, 24 RBIs and 45 steals in 331 at-bats. He made \$2.5 million.

THE ASSOCIATED PRESS



SkyHawks clash with A's

The Ottawa SkyHawks' Justin Tubbs sinks a layup against the Brampton A's on Wednesday night at Canadian Tire Centre. Go to metronews.ca for results.

MIKE CARROCCETTO FOR METRO

Team Canada should just say no to Spezza



THE HOCKEY NEWS
Rory Boylen
ottawa@metronews.ca

Does Jason Spezza belong on Team Canada in Sochi?

It's a question many Sens fans have both asked and been asked and one that, if answered in the positive, they feel the need to fiercely defend. It's a polarizing debate because this is a guy who has scored 116 points in his past 116 NHL games. He's an elite playmaker who has been better than a point-per-game player over his decade-plus

career.

So, should Spezza be on Canada's Olympic entry?

I say no.

And I say that without slagging Spezza as a player. One of the best playmakers in the game, Spezza is the perfect complement to any goal scorer. Put him with any one of the elite forwards Canada will send to Sochi and he'd set them up for at least a few. But Canada can't just pick the names atop the NHL's scoring leaders list. They have to construct a team loaded with scoring and still boast every fundamental skill set you could use in any given hockey game.

Spezza's strengths are his size and his passing, neither of which are in short supply on the Canadian roster. Do you take Spezza over playmakers Sidney Crosby, Ryan Getzlaf, Joe Thornton or Jonathan Toews? Do you take him over big bodies Jamie Benn, Corey Perry or Rick Nash? Is he really one of the nation's top-four centres and, if not, is he a better wing option than those who play the position?

I say no.

Spezza is also somewhat of a defensive liability, something Team Canada just doesn't need on its roster. The country can easily form a dynamic lineup

full of players who can play well at either end of the ice. This is what hurts Spezza the most. In a short tournament like this, where one medal-round loss sends you home, it's ill-advised to take a risk on defence.

As much as I enjoy and appreciate Spezza as an elite hockey player more than capable of representing Canada at a world championship, I just don't see him on my Olympic roster, when everyone is available.

That's less a knock on Spezza and more a nod to how deep the Canadian forward unit will be.

4 SPORTS

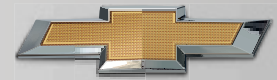
REGISTRATION: ONLINE ONLY
ottawasportplus.com
For more information: 613-220-2266

Adult Co-Ed Volleyball and Dodgeball Leagues

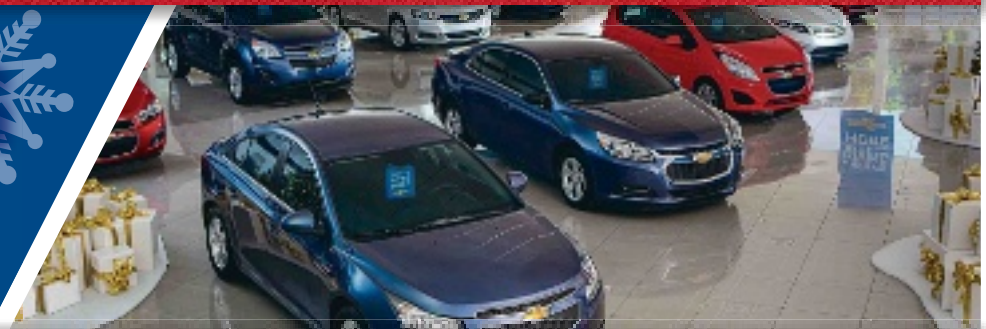
RECREATIONAL TO COMPETITIVE LEVELS

LEAGUES START EARLY JANUARY 2014 AND RUN THROUGH TO APRIL 2014
CHOOSE FROM MONDAY TO THURSDAY NIGHT PLAY • JOIN AS A TEAM OR INDIVIDUAL

CHEVROLET



CHEVY'S GIVING MORE



- ❄️ **EXTRA \$1,000 HOLIDAY BONUS CASH FOR ELIGIBLE OWNERS***
- ❄️ **COMPLIMENTARY OIL CHANGES 2-YEAR/40,000 KM****
- ❄️ **SIGN & DRIVE LEASING \$0** FIRST MONTH'S PAYMENT. IT'S ON US! **\$0** DOWN PAYMENT **\$0** SECURITY DEPOSIT **\$0** DUE AT DELIVERY

2014 CRUZE LS



CRUZE LTZ SHOWN††

LEASE PAYMENT

\$83 @ 0%
BI-WEEKLY FOR 60 MONTHS*

\$0 DOWN PAYMENT. \$0 SECURITY DEPOSIT. TAXES NOT INCLUDED. OFFER INCLUDES FREIGHT, PDI & LEVIES.

- POWER LOCKS WITH REMOTE KEYLESS ENTRY
- POWER WINDOWS
- STABILITRAK®
- BEST-IN-CLASS SAFETY* WITH 10 AIRBAGS

2014 TRAX LS



TRAX LTZ SHOWN††

LEASE PAYMENT

\$129 @ 1.9%
BI-WEEKLY FOR 48 MONTHS*

\$0 DOWN PAYMENT. \$0 SECURITY DEPOSIT. TAXES NOT INCLUDED. OFFER INCLUDES FREIGHT, PDI & LEVIES.

- TURBOCHARGED ECOTEC ENGINE
- BLUETOOTH® WITH USB
- POWER LOCKS WITH REMOTE KEYLESS ENTRY
- POWER WINDOWS

2014 EQUINOX LS



EQUINOX LTZ FWD SHOWN††

LEASE PAYMENT

\$159 @ 0%
BI-WEEKLY FOR 48 MONTHS*

\$0 DOWN PAYMENT. \$0 SECURITY DEPOSIT. TAXES NOT INCLUDED. OFFER INCLUDES FREIGHT, PDI & LEVIES.

- BLUETOOTH® WITH USB
- 6-SPEED AUTOMATIC
- AIR CONDITIONING
- POWER LOCKS WITH REMOTE KEYLESS ENTRY
- POWER WINDOWS
- BEST-IN-CLASS REAR SEAT LEGROOM*

ALL-NEW 2014 SILVERADO CREW CAB 4X4



SILVERADO LTZ CREW CAB 4X4 SHOWN††

LEASE PAYMENT

\$189 @ 1.5%
BI-WEEKLY FOR 36 MONTHS*

\$0 DOWN PAYMENT. \$0 SECURITY DEPOSIT. TAXES NOT INCLUDED. OFFER INCLUDES FREIGHT, PDI, LEVIES & \$3,500 CREDIT.*

- AVAILABLE:**
- MOST FUEL-EFFICIENT V8 IN A PICKUP, BETTER THAN FORD F-150 ECOBOOST V6 (COMBINED)¹
 - MOST POWER IN A PICKUP: 420 HP, 460 LB-FT TORQUE*
 - BEST MAXIMUM TOWING IN ITS CLASS: UP TO 12,000 LBS*
 - HIGHEST POSSIBLE OVERALL VEHICLE SCORE FOR SAFETY – 5 STARS – FROM NHTSA²

HURRY, OFFERS END JANUARY 2ND.

TO GUARANTEE OUR QUALITY, WE BACK IT **160,000-KM/5-YEAR** POWERTRAIN WARRANTY
Whichever comes first. See dealer for limited warranty details.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PP&A. Consumers may be required to pay up to \$799 for Dealer fees.***

ONTARIOCHEVROLETDEALERS.COM



For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. *Based on a 60/48/48/48/36 month lease for 2014 Chevrolet (Cruze LS 1SA/Trax LS FWD 1SA/Equinox LS FWD 1LS/Traverse LS FWD 1LS/Silverado 1500 Crew Cab 4WD 1WT+680+830). Annual kilometre limit of 20,000 km. \$0.16 per excess kilometre. OAC by GM Financial. Monthly/Bi-Weekly payments may vary depending on down payment/trade. A down payment or trade of \$0 and/or \$0 security deposit is required. Total obligation is \$10,850/\$13,446/\$16,577/\$20,737/\$14,772. Option to purchase at lease end is \$6,686/\$7,915/\$11,198/\$15,748/\$20,304. Excess wear and tear and km charges not included. Other lease options available. **\$3,500 is a manufacturer to dealer delivery credit (tax exclusive) for 2014 Chevrolet Silverado 1500 Ext. & Crew Cab and is reflected in offers in this advertisement. Other cash credits available on most models. See dealer for details. ***Freight & PDI (\$1,600/\$1,600/\$1,600/\$1,600/\$1,650), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. +Based on WardsAuto.com 2012 Upper Small segment, excluding Hybrid and Diesel powertrains. Standard 10 airbags, ABS, traction control and StabiliTrak®. @Bluetooth is a registered trademark of Bluetooth SIG Inc. ◆Comparison based on 2013 Polk segmentation: Compact SUV and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. †2014 Silverado 1500 with the available 5.3L EcoTec3 V8 engine equipped with a 6-speed automatic transmission has a fuel consumption rating of 13.0L/100 km city, 8.7L/100 km highway and 11.0L/100 km combined 2WD and 13.3L/100 km city, 9.0L/100 km highway and 11.4L/100 km combined 4WD. Ford F-150 with the 3.5L EcoBoost V6 engine has a fuel consumption rating of 12.9L/100 km city, 9.0L/100 km highway and 11.1L/100 km combined 2WD and 14.1L/100 km city, 9.5L/100 km highway and 12.1L/100 km combined 4WD. Fuel consumption based on GM testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. Comparison based on WardsAuto.com 2013 Large Pickup segment and latest competitive data available. Excludes other GM vehicles. ◆When equipped with available 6.2L EcoTec3 V8 engine (available to order fall 2013). Class is Light-Duty Full-Size Pickups. –Requires 2WD Double or Crew Cab with available 6.2L EcoTec3 V8 engine and Max Trailering Package. Maximum trailer weight ratings are calculated assuming a base vehicle, except for any option(s) necessary to achieve the rating, plus driver. The weight of other optional equipment, passengers and cargo will reduce the maximum trailer weight your vehicle can tow. Comparison based on WardsAuto.com 2013 Light-Duty Large Pickup segment and latest competitive data available. Excludes other GM vehicles. Class is Light-Duty Full-Size Pickups. (U.S. government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (safercar.gov). ††2014 Cruze LTZ, MSRP with freight, PDI & levies \$28,489. 2014 Trax LTZ FWD, MSRP with freight, PDI & levies \$30,089. 2014 Equinox LTZ FWD, MSRP with freight, PDI & levies \$37,539. 2014 Traverse LTZ FWD, MSRP with freight, PDI & levies \$48,289. 2014 Silverado 1500 LTZ Crew Cab 4WD, MSRP \$51,379. Dealers are free to set individual prices. †Offer valid only to eligible retail lessees in Canada who have obtained credit approval by GM Financial, and who accept delivery from October 1, 2013 through January 2, 2014 of a new eligible 2014 model. General Motors of Canada will pay the first month's lease payment (inclusive of taxes and any applicable pro-rata amount normally due at lease delivery as defined on the lease agreement). After the first month, lessee will be required to make all remaining scheduled payments over the remaining term of the lease agreement. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See dealer for details. **The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 kms, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details. †Offer only valid from December 10, 2013 to January 2, 2014 (the "Program Period") to retail customers resident in Canada who own or are currently leasing a Chevrolet Aveo, Cobalt, Caprice, Cavalier, Cruze, Epica, Impala, Lumina, Malibu, Metra, Monte Carlo, Optra Sonic, Spark, Volt, Saturn Ion, Aura, Astra, L-Series, S-Series, Sky, that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive a \$1,000 Holiday Owner Bonus credit towards the lease, purchase or finance of an eligible new 2014 Chevrolet Sonic, Cruze, Malibu or Impala delivered during the Program Period. Eligible retail customers resident in Canada who own or are currently leasing a Chevrolet HHR, Equinox, Tracker, Uplander, Venture, Astra, Lumina APV, Blazer, Traverse, Trailblazer, Saturn Vue, Relay, Outlook, Pontiac Montana/SV6, Transport, Torrent, Aztek, Sunrunner, Buick Rendezvous, Terraza, Enclave, Rainier, Oldsmobile Silhouette, Bravada, GMC Safari, Jimmy, Terrain, Acadia or Envoy, that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive a \$1,000 Holiday Bonus Owner credit towards the lease, purchase or finance of an eligible new 2014 Chevrolet Tax, Equinox or Traverse delivered during the program period. Only one (1) credit may be applied per eligible vehicle sale. Offer is transferable to a family member living in the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The \$1,000 credit includes HST/GST/PST as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership. GMCL reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See your GM dealer for details.

Horoscopes

Aries

March 21 - April 20

You may think you have to tear everything down and start from scratch but it's not necessary. There is precious little wrong with your life and a few minor changes here and there is all that is required.

Taurus

April 21 - May 21

It may at times seem as if you are not making much progress but in a matter of days there will be clear signs that you are on the verge of a major breakthrough.

Gemini

May 22 - June 21

Your thoughts seem to be a bit heavy and there are certainly one or two areas where you need to get serious. But don't get so serious that all the fun goes out of your life.

Cancer

June 22 - July 23

It may be true that someone is saying awkward things about you but there is no reason to get paranoid and start thinking everyone is against you. Whatever you've done, you are still most people's number one.

Leo

July 24 - Aug. 23

It may be hard for you to understand why certain people act in certain ways but there is no point getting worked up about it because you won't change the way they are. Try acting as if you don't care what they do.

Virgo

Aug. 24 - Sept. 23

If you have started on a scheme then you must see it through to the end. Having invested so much time and energy, you cannot give up on it now. Besides, it could work out.

Libra

Sept. 24 - Oct. 23

At some stage today you will realize that you are not going to get far with a joint project, thanks to people dragging their feet. You will, though, make progress in areas where you can work on your own.

Scorpio

Oct. 24 - Nov. 22

When you get annoyed, you go to extremes and an unfortunate person is going to be in your bad books today. Yes, maybe you will be too hard on them, but it will be a long time before they dare to upset you.

Sagittarius

Nov. 23 - Dec. 21

Don't take anything too seriously today because if you do, you may get depressed and start wondering why you bother to make an effort. Snap out of it by focusing on things that make you smile.

Capricorn

Dec. 22 - Jan. 20

You want to help someone who is struggling but you know if you do they will struggle more in the future. They need to learn from their mistakes, painful though that may be.

Aquarius

Jan. 21 - Feb. 19

You will have to work twice as hard to catch up on things you should have done yesterday. If you apply yourself, you may get ahead — and get a reward for your efforts tomorrow.

Pisces

Feb. 20 - March 20

Are you making the most of your time? Chances are you have allowed hours, days, even weeks to slip by without doing anything special. That must now change. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Prima donna
5. Cloak: Spanish
9. 2s
13. Plow pullers
14. Caesar's 955
15. Steal a stash, again
17. Nickname of Manitoba's capital city
19. SNL alum Cheri
20. Rock bottom
21. The Band concert film directed by Martin Scorsese, "The ____" (1978)
23. UK awards since 1917
25. "For ____ a jolly good..."
26. Daniel Defoe's 1719 book, Robinson ____
30. More like cow juice
34. From-clothes fluff
35. Sitar songs
38. Family suffix in zoology
39. Hodgepodge
40. Get a glass of water to get cold really fast: 2 wds.
41. Telegram
42. Hireling
43. "____ go on?"
44. Like some airports [abbr.]
45. Working together well
47. Tropical fruits
49. Montreal's 'me'

50. Shoe part
52. 1880 Dostoevsky novel, The Brothers ____
56. Overbearing
61. "____ Teenage Werewolf" (1957)
62. Jets competition, when in Colorado
64. Type of mil. mission

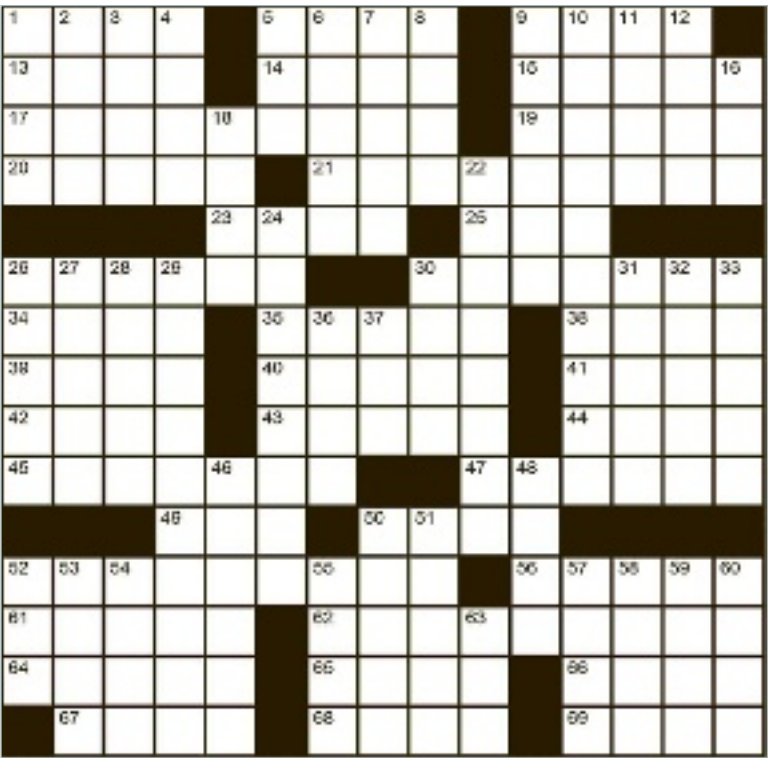
65. Surrealist painter, ____ Magritte (b.1898 - d.1967)
66. Helix
67. ____ stretch of the imagination
68. Too
69. And others [abbr.]: 2 wds.
Down
1. This clue: #1-__

2. Corn lily
3. Peddle
4. ____gravity
5. "Green River" gr.
6. Plentiful
7. Impassionate requests
8. Norms, for short
9. Plaster-spreading tool
10. Alberta city south

- of Edmonton
11. Great pitcher Mr. Hershisier
12. Separate, as laundry
16. Commerce, curtly
18. Fun suffix to 'Switch'
22. 1983 Bryan Adams single: 2 wds.
24. Prehistoric land of

- The Arctic
26. Horse-on-cobblestone sounds
27. Amber __, "Dancing with the Stars" reigning champion
28. Employees organization
29. Profession of 2nd Prime Minister Alexander Mackenzie
30. ____-of-honour
31. Picking from a police lineup
32. Keep one's ____ the ground
33. Movie studio stocks
36. ____-Deucey (Backgammon variant)
37. "Golly!"
46. Comedian/actor Ray
48. Duchess of ____ (Subject of Spanish painter Goya)
50. Shack
51. Singer, Faith ____
52. Wine aperitif
53. Caught in ____ of lies
54. Daring
55. ____ Phillips (Queen Elizabeth's granddaughter who is an Olympic equestrian)
57. ____ and for all
58. William Wallace, for example
59. Mr. LaBeouf
60. Scream
63. Sean Penn's director father

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Know what the weather
will be 14 days from now.
Check the 14 day trend.

TWN incorporates MSC data

visit metronews.ca



Hats, Sweaters & Jeans.



Meet Lea.

She is in her senior year at the Collège Français in downtown Toronto, works not too far from there at our Flea Market on Spadina, and lives near Little Italy in her childhood home. Her dad is an interior designer from the UK and her mom is a francophone from Winnipeg whose job at Air Canada has allowed them to travel the world. Lea's been to Beijing, Shanghai, Turkey, Budapest, Croatia, and France, but her absolute favorite spot is Puerto Vallarta. As a kid Lea wanted to become famous—like Britney Spears. But as the teen idol "fell from grace," Lea decided maybe it'd be a better idea to pursue a career where she could help troubled teens. She is now looking to go into Ryerson's Criminology program. Sometimes nicknamed Kobe for her height (that is, if you think 6'2" is tall), Lea is pretty hard to miss; when she's not busy with school or work, you'll most likely find her painting, drawing, or enjoying a plate of moules-frites. She's pictured here wearing the Cropped Fisherman Pullover, Easy Jeans and the Flannel Cap.

Retail Location:

Ottawa—Rideau Centre
Rideau Centre Mall
Tel. (613) 237-2297

Text AASTORE + zip code to
23000 to find American Apparel
locations nearest you.

That's American Apparel®

Canadian Inspired
Made in USA—Sweatshop Free
Operated by Dov Charney